

CIF-SS BULLETIN



Southern Section
Academics / Integrity / Athletics



VOL. 68, NO. 1

FALL 2005

**For Full CIF-SS
Spring
Playoff Results**

See pages 12-15, 17-21.



See **MARKETING UPDATE**, page 3

*Serving High School Athletics
Since 1913*

PRESIDENT'S MESSAGE



Why are We Here?

**By Dr. John Dahlem, President
CIF-SS Executive Committee**

“OUR MISSION AND WHAT WE BELIEVE”

I recently returned from the National Federation of State High School Associations (NFHS) summer meeting. The NFHS is currently working on a new Mission Statement and Belief Statements. I thought it would be pertinent as we begin the 2005-2006 school year to review what the CIF Southern Section stands for. Our mission is to provide leadership for the administration of interscholastic sports which support good citizenship and equitable opportunities.

We believe:

- Interscholastic sports programs enrich each student's educational experience.
- Participation in sports programs promotes student academic achievement.
- Student participation in interscholastic sports is a privilege.
- Interscholastic sports develop good citizenship and healthy lifestyles.
- Interscholastic sports foster the involvement of a diverse population.
- Interscholastic sports promote positive school/community relations.
- Interscholastic sports promote fair play and minimize risks for student participants.
- Properly trained administrators/coaches/directors promote the education mission of the interscholastic experience.
- Properly trained officials/judges enhance interscholastic competition.

Best of luck this year as we all try to, “Keep the main thing the main thing.”

I strongly recommend that you avail yourself of the following web sites to keep abreast of all that is happening at the local, state and federal levels of interscholastic sports:

www.cifss.org
www.cifstate.org
www.nfhs.org

CIF-SS COUNCIL MEETING MINUTES April 28, 2005

The April meeting of the CIF Southern Section Council was called to order by President John Dahlem at 9:03 a.m. at The Grand in Long Beach, CA. All leagues were present with the exception of At-Large Dr. Terri Mendoza, At-Large Debbie Tate, Camino Real, Freedom, Heritage, Liberty, Metro, Omega and Westside.

1. ADOPT AGENDA – It was moved, seconded and passed to adopt agenda as revised. Consent calendar adoption – 4B, 4C and 8 “A” through “L” was moved, seconded and passed to adopt consent calendar.

2. MINUTES – It was moved, seconded and passed to approve the minutes of the CIF-SS Council meeting of March 10, 2005. Additionally, minutes of the CIF-SS Executive Committee of April 20, 2005, were submitted as an informational item.

3. SPECIAL PRESENTATION – Jim Staunton, Commissioner, introduced those receiving the Distinguished Service and Hall of Fame awards.

HALL OF FAME –

- A. Tom DeLong - Foothill High School
- B. Sam Cerceres - San Bernardino School District
- C. Jim Bastion - South Hills High School
- D. Vern Brock - La Serna High School
- E. Al Cariss - Linfield Christian High School
- F. Randall Johnson - Rio Hondo Prep School

G. Carol Strausbreg - Fountain Valley High School

H. Bill Craven - Pacifica High School (Garden Grove)

DISTINGUISHED SERVICE –

- A. Ray Bray - Fountain Valley High School
- B. Roger Reupert - Eisenhower High School
- C. Tom Davis - Redlands East Valley High School & Executive Committee Member
- D. Joel Wiess - Garey High School
- E. Fred Yanez - Downey High School

4. CIF STATE FEDERATED COUNCIL MAY ACTION ITEMS – Earl Haugen, President-Elect, presented the following items which will be action items on the May State Federated Council agenda:

A. State Championship Football Bowl Proposal, Fall, 2005 - vote to not support

B. Procedures to follow in the Event of a Declared Emergency - approved by consent calendar

C. Proposed State CIF Budget, 2005-06 - approved by consent calendar

D. Nominations for State CIF Executive Committee, 2005-06 - vote to send delegates uninstructed

E. Proposed Condition for Membership Required Coaches' Education - vote to support

F. Proposed Condition for Membership –

(See **COUNCIL MINUTES** page 22)

California Interscholastic Federation Southern Section

10932 Pine Street

Los Alamitos, CA 90720

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OFFICERS

Dr. John Dahlem, Principal
Loara High School, President

Earl Haugen, Director of Pupil Services
Downey USD, President-Elect

Paul Breit, Principal on Assignment
Pomona USD, Past-President

Susana Arce, Assistant Principal
Nordhoff High School
Treasurer

James Staunton, Ed.D., Commissioner of Athletics

BULLETIN EDITOR

Thom Simmons, Sports Information Director

EDITORIAL ASSISTANT

Sharon Hodge, CIF-SS Secretary

Bulletin published three times yearly by CIF Southern Section

SOUTHERN SECTION MARKETING UPDATE

NEW PARTNERSHIPS BRING NEW OPPORTUNITIES FOR SOUTHERN SECTION MEMBERS

McDavid Joins CIF-SS Partners

The 560 CIF Southern Section member schools can now access the best in high performance protection products and apparel from our newest partner, McDavid. As a Supporting Partner, McDavid will provide our members with unprecedented access to its industry-leading line of products and apparel.



McDavid's HexPad technology delivers super lightweight and breathable protection to absorb and dissipate impact. The unprecedented combination of comfort and protection provided by McDavid HexPads is currently used by over 50 percent of the professional football and basketball teams.

McDavid apparel includes specialized protection for basketball, volleyball, baseball, softball and their full football pad line.

This new agreement provides the CIF-SS and McDavid with the opportunity to achieve the mutual goal of promoting safer competition and protection for the student-athletes.

You can learn more about McDavid at www.mcdavidusa.com and watch for additional materials coming soon identifying where you can acquire McDavid protective products for your athletes.

Football Finals Returning to Home Depot Center

This coming December, the CIF Southern Section-TOYOTA Football Championships will return to Carson, CA as Home Depot Center hosts three finals games. The three games will be played over Friday, December 9th and Saturday, December 10th. Amongst the three games will be the Division I and Division II finals. Six games were played at HDC during the 2003 playoffs.



Offering the best football viewing and playing venue in Southern California, the 2005 games at Home Depot Center are the first of a three year agreement to play at the centrally located and easily reached facility. Just off the 91, 405 and 110 Freeways, each having carpool lanes, the Home Depot Center has made this commitment to host high school sports for the long term.

In 2006 and 2007, the Division I semi-finals will also be played at Home Depot Center on the Saturday before the three football final games. In making this commitment, HDC made the choice to host the CIF Southern Section-TOYOTA Football Championships rather than pursue other collegiate and amateur championships conducted during the same time period each year.

Be sure to experience this outstanding stadium by attending the football finals this coming December.

24 Hour Fitness Free Varsity Athlete Workouts Return

Continuing the CIF Southern Section office efforts to use our partnerships to enhance the student-athlete experience, 24 Hour Fitness is again offering free workouts to your varsity athletes. This offer is available from 2:30 to 4:30 pm weekdays and 1:00 to 5:00pm on weekends during the school year. This is a great opportunity to expand your student-athlete's access to what may be your limited workout facilities. Visit www.24hourfitness.com and click on the team sports link to sign up.



COMMISSIONER'S CORNER

Welcome
Back



By James Staunton, Ed.D.
CIF-SS Commissioner of Athletics

Welcome to a new school year. I sincerely wish each of our schools a smooth, positive and uneventful opening. What a shame that every school can't win its first football game.

Our leadership tackled a number of tough issues last year. The discussions and debate led to several significant changes to our rules. I'd like to review a few for you.

Steroids/Performance Enhancing Substances

The State Federated Council passed, with our support, three provisions designed to send a clear message to our athletes: steroids are dangerous and inappropriate. Our athletes and their parents will be required to certify that the athlete is not using steroids as a condition of participation. We have incorporated that language into the Athletes Code of Ethics document that will now require two signatures. The suggested wording is available on our Web Site if you would like to use a separate form.

Board policy on performance enhancing drugs

The California School Boards Association has provided, on their website, suggested policy language for School Boards to use in their districts. Our website as well as the State CIF's contain links to this important information.

Section changes this school year:

Lacrosse – We have added the sport of lacrosse to the list of approved sports. Both boys and girls lacrosse will be played in the spring. Please note these are considered two separate sports. They use different equipment and operate under different sets of rules. We will be communicating directly with our athletic directors and our principals about the process of introducing the sport, number of contests, officials' fees and other pertinent information. We anticipate a few growing pains but hope that this new sport broadens opportunities for our athletes.

See **COMMISSIONER** page 23.

CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

The establishment of a certified minimum wrestling weight based on 7% body fat for males and 12% for females is required for all high schools. Participation in the CIF Wrestling Weight Management Program will be mandatory for all CIF interscholastic wrestlers and nonbinding for the 2005-06 wrestling season. Beginning with the 2006-07 wrestling season, participation in the CIF Wrestling Weight Management Program is both mandatory and binding for all CIF interscholastic wrestlers.

The CIF will utilize the NWCA Optimal Performance Calculator as the mechanism to calculate the certified minimum weight for each wrestler and as the data reporting and retrieval tool for all member schools sponsoring wrestling.

A. Establishing Certified Minimum Weights

(1) Bioelectrical Impedance will be utilized to determine each wrestler's body fat percentage. Refractometers will be utilized to determine hydration levels through analysis of urine. Only measurements taken by persons who have successfully completed the CIF Assessor Certification Workshop will be valid. Schools will receive a list of CIF Certified Assessors. It is the responsibility of the school to contact an assessor from this list and arrange a time to have its wrestling squad assessed or attend a CIF Section sponsored regional testing clinic.

No wrestler may compete until the athlete has had a certified minimum wrestling weight determined by the NWCA Optimal Performance Calculator and it appears on the school's Alpha Master Form. Once a wrestler competes at a weight class allowed by the weight loss plan, the option to appeal is voided.

(2) The lowest weight class at which a wrestler may compete will be determined as follows:

a. If the certified minimum weight, at 7% or 12% body fat, is exactly that of one of the adopted weight classes, that weight shall be the wrestler's minimum weight class;

b. If the certified minimum weight, at 7% or 12% body fat, is less than one half pound from

one of the adopted weight classes, that weight shall be the wrestler's minimum weight class;

c. If the certified minimum weight, at 7% or 12% body fat, is greater than or equal to one half pound from one of the adopted weight classes, the next higher weight class shall be the wrestler's minimum weight class.

NOTE: The allowance referenced in A.(2)b. above applies only to the calculations of the certified minimum weight for a wrestler. The allowance is not applicable to the weights referenced in the weekly weight loss plan.

B. Time Period for Assessments - EFFECTIVE 11/1/05

(1) No wrestler may compete until they have participated in an initial assessment and their name and data are included on the school Alpha Master Form. Although wrestlers are strongly encouraged to follow the weekly weight loss plan, the minimum certifiable weight is non-binding for the 2005-06 wrestling season. The "50% certification rule" (Bylaw 3103) applies during the 2005-06 season.

(2) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.

(3) For the 2005-06 wrestling season, the period for initial assessments is November 1, 2005 – January 15, 2006.

EFFECTIVE 11/1/06

(1) Assessments may begin on November 1 of each school year. Wrestlers may be measured any time on or following this date and no later than January 15th to establish a minimum wrestling weight. All wrestlers, including those coming out late, must have their minimum wrestling weight established prior to competing.

(2) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate

in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.

(3) January 15th is the deadline to establish a certified minimum wrestling weight.

(4) A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all other appeal options allowed within this policy.

(5) Unusual situations must be arranged with the CIF Section in writing before deadline or due dates.

C. School Responsibilities for the Measurement Process

(1) It is the school's responsibility to contact and contract with a CIF Certified Assessor from the list provided by the CIF or attend a CIF Section sponsored regional testing clinic.

(2) Schools choosing to contract with a CIF Certified Assessor will be required to have available at the time of assessment:

a. Bioelectrical Impedance Assessment Data Forms.

b. Plastic collection cups to conduct urine specific gravity tests.

c. Two adults (teacher, AD, parent, etc.) who will:

- i. Assist with measuring height (in cm);
- ii. Assist with the recording of data;
- iii. Assist with urine specific gravity testing.

(3) Bioelectrical Impedance assessments shall not be conducted by any active wrestling coach at any level.

D. Wrestlers Below 7% or 12% Body Fat

Prior to competition, any male wrestler whose body fat percentage at the time of his initial assessment is below 7% may request a waiver in order to establish a certifiable wrestling weight class if a physician attests that the athlete is naturally at his sub-7% body fat level. In the case of a female wrestler, a waiver may be requested if the athlete is naturally at her

See **WRESTLING** on next page.

NEW ATHLETIC DIRECTOR/PRINCIPAL ORIENTATION SEMINAR

~~THURSDAY, SEPTEMBER 22, 2005 (FULL)~~

THURSDAY, SEPTEMBER 29, 2005

8:30 A.M. - 12 NOON

Please plan to attend.

The information given at this seminar will make your job easier.

Call Ahead - Seating is limited!

THE CIF SOUTHERN SECTION OFFICE

10932 Pine Street, Los Alamitos, CA 90720

MEET YOUR AREA REPRESENTATIVE TO THE CIF SOUTHERN SECTION EXECUTIVE COMMITTEE



Rhonda Fouch, Athletic Director
Redlands East Valley High School
CITRUS BELT AREA
*Citrus Belt, De Anza, Ivy, Desert Sky,
Mojave River, Mountain View, San Andreas,
Southwestern, Sunbelt, Sunkist*



Dr. Dan Stepenosky, Principal
Beverly Hills High School
COAST AREA
Moore, South Bay Athletic Association



John Mendoza, Principal
Cathedral City High School
DESERT AREA
*Desert Mountain, Desert Valley,
Hi-Lo, High Desert*



Earl Haugen, Director
Downey USD
FOOTHILL AREA
*Almont, Del Rio, Foothill, Golden Mission
Valley, Pacific, Rio Hondo, San Gabriel
Valley, Suburban*



Guy Roubian, Principal
Upland High School
MT. SAN ANTONIO AREA
*Baseline, Miramonte, Mt. Baldy,
Montview, San Antonio, Sierra, Valle Vista*



William E. Dabbs, Principal
Pacifica/Oxnard High School
NORTHERN AREA
*Channel, Coast Valley, Condor,
Frontier, Los Padres, Marmonte,
PAC 5, Pacific View, Tri-Valley*



Gene Campbell, Principal
Rancho Alamitos High School
ORANGE COUNTY AREA
*Century, Empire, Freeway,
Garden Grove, Golden West, Orange,
Pacific Coast, Sea View, South Coast, Sunset*



Sr. Cheryl Milner, Principal
Bell-Jeff High School
PAROCHIAL AREA
*Camino Real, Del Rey, Horizon,
Mission, Santa Fe, Serra, Sunshine*



Tom Peters, Principal
Woodcrest Christian High School
SMALL SCHOOLS AREA
*Academy, Agape, Alpha, Arrowhead, Big Sky,
Christian, Delphic, Express, Freedom, Harbor,
Heritage, International, Liberty, Majestic, Metro,
Mulholland, Olympic, Omega, Prep, San Joaquin,
Valley, Victory, Westside*

WRESTLING

(Continued from previous page)

sub-12% body fat. A waiver form must be signed by a physician, a parent, the principal and the head wrestling coach. The completed waiver form must be mailed or faxed to the appropriate CIF Section office. Wrestlers may not compete at their waiver weight class until the completed waiver form, with all four (4) required signatures, has been received by the appropriate CIF Section office. The waiver weight class is valid for one (1) season only and expires March 15th of each year. The sub-7% male or sub-12% female, who receives clearance, may not wrestle below their actual weight class at the time of initial assessment.

NOTE: The allowance referenced in A.(2)b. above is not applicable to athletes assessed under 7% or 12% body fat.

E. Growth Allowance

(1) The CIF Weight Wrestling Weight Management Program awards a two-pound growth allowance on January 15 of each wrestling season.

(2) The growth allowance may not be utilized to achieve a lower certified minimum wrestling weight for a wrestler.

(3) In order to utilize the growth allowance a wrestler shall compete at "scratch weight" in the desired weight class at least once prior to the first qualifying tournament in the CIF State Championship series.

Scratch Weight: References within the CIF Wrestling Weight Management Program to the term "scratch weight" refer to the weight achieved which qualifies an athlete to wrestle at one of the National Federation established weight classes less growth allowance and/or any consecutive day allowance awarded under NFHS Wrestling Rules.

F. Weight Loss Per Week

(1) An average weight loss limit per week of 1.5% of body weight at the time of initial assessment has been established. A season-long weight loss plan will guide each wrestler's weight loss during the season.

(2) The weight loss plan shall determine in which weight class(es) a wrestler may compete each week.

(3) Participation in any weight class above the eligible weight classes defined by a wrestler's weight loss plan shall require the wrestler to recertify at that weight class. The wrestler is required to compete at that

SYNOPSIS OF CHANGES TO 2005-2006 BLUE BOOK

The following is designed for the benefit and convenience of athletic administrators and coaches in an effort to provide a capsule summary of the changes in the State CIF and Southern Section Constitution and Bylaws. These changes have been enacted by the State CIF Federated Council and the Southern Section Council throughout the course of the 2004-2005 school year.

STATE CIF REVISIONS

Rule 22.B.(9): Conditions of Membership - Requires all coaches to be certified in the CIF/NFHS Coaching Education Program, or equivalent, by December 31, 2008.

Rule 22.B.(12): Conditions of Membership - All school personnel, including booster groups, can only provide non-muscle-building nutritional supplements to student-athletes. Also, schools can only accept sponsorships or donations from supplement manufacturers that offer non-muscle building nutritional supplements.

Rule 70.F.(5): Clarifies procedures for breaking ties in Executive Committee elections.

Rule 70.F.(6): Clarifies procedures for breaking ties in Executive Committee elections.

Rule 214.C.(4)a.: Transfer Eligibility – Editorial clarification.

Rule 217.C: Clarifies student eligibility when there is a disciplinary action in place or pending prior to a transfer, compelled or voluntarily.

Rule 303: Special Schools - Clarifies what qualifies as a special school.

Rule 524: Requires all schools to adopt policies prohibiting the use of androgenic/anabolic steroids.

Rule 1606.A: Revised CBEDS Enrollment Ranges for Basketball.

Rule 1700.A: Revised CBEDS Enrollment Ranges for Cross-Country.

Rule 1702: Modifies the process for individual entries into the State Cross-Country Championships.

Rule 2902.A: Revised CBEDS Enrollment Ranges for Volleyball.

Rule 3104: New Wrestling Weight Management Program using hydration testing and body fat composition testing.

Declared Emergency Policy: procedures for local, state or national emergencies.

SOUTHERN SECTION REVISIONS

Rule 23: Provides for two categories of membership for new schools in the C.I.F. Southern Section.

Rule 165.2: Added candidates for Distinguished Service Award should exemplify the principles of Victory with Honor.

Rule 166.1: Added candidates for the Hall of Fame Award should exemplify the principles of Victory with Honor.

Rule 214.C.(3)b: Added the words, "and siblings".

Rule 1200.1: No playoffs will be conducted by the C.I.F. Southern Section unless 20% of the membership field teams in that sport.

Rule 1204.1: Clarifies the relationship between the C.I.F. Southern Section Office and the governing authority of each sport official's association.

Rule 1212.5.A + B: Adjusts travel reimbursement for officials.

Rule 1222.1: Added language regarding deadlines for paying officials.

Official's Fees/Volleyball: New tournament fee structure for volleyball.

Rule 1507.2: Allows the Alumni Game for baseball to be played effective with the first practice date.

Rule 1718.2: Deleted.

Rule 1718.3: Deleted.

Rule 1903.1: In the sport of football, changed Saturdays and Holidays from 2 practice opportunities to 1 practice opportunity.

Rule 1917: Clarifies the process for schools who wish to schedule a "0" Week football contest.

Rule 2820.2: Editorial change.

Rule 2820.10: Editorial change.

Rule 2820.16: Editorial change.

Rule 3214.1: Allows for leagues with 7 or more teams to have 4 guaranteed entries into C.I.F. Southern Section Playoffs.

RULE REVIEW



The Old and The New

By Karen Hellyer
CIF-SS Assistant Commissioner

It's time for another school year. While you dust off the cobwebs of summer it is a good time to look at the old and new in the area of rules. Use this helpful information as a refresher course for the old and as an update on the new.

THE OLD

The "Association" Rule – Rule 312: During the school year, prior to the established date for authorized before and after-school practice in a particular sport and following an individual's or team's last authorized competition, a student may receive athletic instruction in a CIF Southern Section approved sport only during one regularly scheduled physical education period in which the student is enrolled and earning credit for that particular sport.

The "Conditioning" Rule – Rule 313: A high school may conduct physical conditioning before and after school outside of the season of sport. This conditioning may include weight training, aerobics, jogging, or other related conditioning activities, but specific skills or equipment related to that particular sport MAY NOT be used in such conditioning activity.

THE NEW

Coaches Education: Do not forget that as a condition of membership all of your coaches must be certified through a CIF/NFHS Coaches Education program or its equivalent by December 31, 2008. That program will deal with many ranging topics that will help provide necessary tools for coaching in today's environment. For more information go to the State CIF website (www.cifstate.org).

The new "Libero" position: Each team has the option to register one specialized

defensive player, the "Libero"
The specific rules for a Libero player are as follows:

A) He/she is restricted to performing as a back row player and has no right at all to complete an attack hit when the ball is above the height of the top of the net.

B) The Libero may not serve, block or attempt to block.

C) The Libero must wear a different color shirt from the other members of the team.

D) Substitutions involving a Libero are not counted as regular and their number is unlimited. A Libero cannot take part in normal substitutions and may only enter or leave the game while the ball is out of play and before the whistle for service.

E) It is necessary to have a rally between replacements of two different players involving a Libero. With the previous approval of the first referee, an injured Libero may be substituted during the match by any registered player within the normal line-up list of the score sheet.

G) The designated replacement of a Libero will be limited to performing as a Libero for the rest of the match and the subsequent matches. Nevertheless, this player will be allowed to be registered again in the normal line-up of later matches once the initially registered Libero is officially re-instituted.

H) No other player will be authorised to perform as a Libero and in the case of further injury of the originally registered Libero, he/she will be replaced by the

same player under the same conditions as stated in previous points.

Bonafide Change of Residence Form: This form will serve as your schools notice to the office that a student-athlete has made a bonafide change of address. It will not be approved by the CIF Southern Section that it is a legitimate change of address. Your school will still be tasked with that duty. It is simply a way for us to track the movement of student-athletes that transfer under change of residential status guidelines. Things for you to know about this form:

1. There will be no deadline.
2. Office will put form in school file.
3. Assists us in answering inquiries.
4. It serves as the logical conclusion for the verification process of bonafied moves (a formal check, if you will).
5. Protects schools and families.
6. Parents must review the criteria and sign the form holding them accountable for any misinformation.
7. May help in eliminating some forfeitures.
8. This form is to be used ONLY for students interested in athletic participation.

It is our hope that this information will be a guide in helping you to prepare for the new school year. As always, should you have any questions at all, please give us a call. Good luck to you and your athletes in 2005-2006.

OFFICIALS' WHISTLE



A Call to Make

**By Bill Agopian
CIF-SS Officials Liaison**

Four years ago, the CIF Southern Section embarked on an aggressive program that partnered our schools with officials units. A major part of that program focused on the need for more officials and better quality of officiating. This was done to address the need to service our schools and address the anticipated growth in sports while giving a new generation of individuals a chance to be a part of the officiating world.

Three major themes were featured in this effort and continue today. They are:

- The Recruitment of New Officials
- The On-going Training of Officials
- The Retention of new and Existing Officials

The recruitment of officials is the primary duty of the officials units. Membership numbers in the past four years have risen, but we must continue to reach out to students who may have an interest in being an official. Numerous opportunities exist for work in this area, and the positives of officiating must be communicated. Student athletes are a key source of candidates for officiating. How officials groups welcome new members and provide opportunities for advancement are key items.

The major thrust of officials units is training. For reasons that range from liability to basic game management, the educational piece of officiating is vital to the continuous improvement in the service we provide member schools. The challenge to officials groups is to return to the business of instruction by lessening the focus on assignment of games as a unit function. Training efforts ultimately will set standards for evaluation and advancement of officials.

Retention of officials, especially new officials, is a key item. The overall turnover of new officials is over 50%. With half of new members leaving after one year, there is a need to make the world of officiating better. Schools will need to continue to (See **OFFICIALS** page 23)



CIF Southern Section Publication Order Form

Quantity	Sport	In-Person	Mail	Total
_____	<u>BADMINTON</u> Rule Book	\$6.75	\$7.75	_____
_____	<u>BASEBALL</u> *Rule Book *Case Book	\$6.75	\$7.75	_____
_____	<u>BASKETBALL</u> *Rule Book *Case Book *Illustrated *Officials Manual	\$6.75	\$7.75	_____
_____	<u>FIELD HOCKEY</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>FOOTBALL</u> *Rule Book *Case Book *Illustrated	\$6.75	\$7.75	_____
_____	<u>GOLF</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>GYMNASTICS</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>BOYS LACROSSE</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>GIRLS LACROSSE</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>SOCCER</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>SOFTBALL</u> *Rule Book *Case Book	\$6.75	\$7.75	_____
_____	<u>SWIM/WATER POLO</u> *Rule Book	\$6.75	\$7.75	_____
_____	<u>TENNIS</u> *Rules/Code of Ethics	\$6.75	\$7.75	_____
_____	<u>TRACK & FIELD</u> *Rule Book *Case Book	\$6.75	\$7.75	_____
_____	<u>VOLLEYBALL</u> *Rule Book *Case Book	\$6.75	\$7.75	_____
_____	<u>WRESTLING</u> *Rule Book *Case Book	\$6.75	\$7.75	_____
<u>MISCELLANEOUS PUBLICATIONS</u>				
_____	Blue Book w Disk	\$22.00	\$25.00	_____
_____	Directory of Member Schools	\$14.00	\$16.00	_____
_____	Football Master Schedule	\$14.00	\$16.00	_____
_____	Boys Basketball Schedule	\$14.00	\$16.00	_____
_____	Girls Basketball Schedule	\$14.00	\$16.00	_____
_____	Baseball Master Schedule	\$15.00	\$15.00	_____
_____	Press Guide & Record Book	\$20.00	\$25.00	_____
_____	Sports Programs (each)	\$ 5.00	\$ 8.00	_____
_____	*Courts & Diagrams Book	\$15.00	\$17.00	_____
		*Sales Tax (7.75%)		_____
		Total Amount Enclosed		\$ _____

All prices include postage and handling.

Name _____
 Address _____
 City _____
 Zip _____

Return to:
 Publication Order
 CIF-SS, 10932 Pine Street
 Los Alamitos, CA 90720

MINUTES OF THE EXECUTIVE COMMITTEE MEETING APRIL 20, 2005

The April meeting of the CIF Southern Section Executive Committee was called to order at 1:00 p.m. by President John Dahlem at Angel Stadium, Anaheim. All members were present, with the exception of Susana Arce, Edna Herring, and Sue Kuwabara.

1. ADOPT AGENDA – It was moved, seconded and passed to adopt the agenda with the following changes: move item 6D to the beginning of the meeting and to delete item 7B.

2. MINUTES – It was moved, seconded and passed to approve the minutes of the CIF Southern Section Executive Committee meetings of January 29, 2005.

3. NEW BUSINESS – (Item 6D on agenda)

PROPOSAL REGARDING TELEVISION REVENUE- After approval from the committee to bring this item to the beginning of the meeting, John Costello presented a proposal to add as either Rule 173 Press (Credentials) or Rule 149 Financial Policy, to set the rights fee to telecast and contract any contest hosted by a Southern Section member school that will be broadcast on a regional or national basis. After discussion, it was moved, seconded and approved to take this proposal from the Executive Committee to Council.

4. ACTION SESSION -

A. STATE FEDERATED ACTION ITEMS –

1. State Championship Football Proposal - Fall, 2005 -After discussion, it was moved, seconded and approved to support the proposal.

2. Procedures to follow in the event of a declared emergency - After discussion, it was moved, seconded and approved to support the proposal.

3. State CIF Proposed Budget, 2005-2006- After discussion, it was moved, seconded and approved to support the proposal.

4. Nominees for State CIF Executive Committee, 2005-2006 - After discussion, it was moved, seconded and approved to ask Council to send the representative uninstructed.

5. Conditions for Membership - Coaches' Education rule 22.B.9 - After discussion, it was moved, seconded and approved to support the proposal.

6. Performance Enhancing Substances - Steroid Prohibition, Rule 524 - After discussion it was moved, seconded and approved to support the proposal.

7. Conditions of Membership - Prohibit the Sale, Distribution or Promotion of Dietary Supplements, Rule 22.B.12 - After discussion, it was moved, seconded and approved to support the proposal.

8. Ejection Policy - CIF State Championships - After discussion, it was moved, seconded and approved to ask the Council to send the representative uninstructed.

9. Volleyball Recommendations, 2005-06 - After discussion, it was moved, seconded and approved to support the proposal with suggested amendments.

10. Wrestling Weight Management Proposal - After discussion, it was moved, seconded and approved to support the proposal.

B. SOUTHERN SECTION ACTION ITEMS –

1. Proposal by Marmonte League and Ivy League - Number of playoff entries from seven

to eight - After discussion, it was moved, seconded and approved to support the proposal.

2. CIF Southern Section proposed budget for 2005-2006 - After discussion, it was moved, seconded and approved to support the proposal.

3. Nominees for Southern Section Executive Committee - After discussion, it was moved, seconded and approved to support the proposal.

4. Proposals by Blue Book Committee - After discussion, it was moved, seconded and approved to support the proposal.

5. NON-ACTION SESSION

A. STATE FEDERATED COUNCIL NON-ACTION ITEMS- President Elect Earl Haugen led a discussion on the following items with no action taken:

1. Revision of Bylaw 302: School Team Representation (Multi-School)

2. CIF Girls' Regional Invitational Wrestling Tournaments

B. SOUTHERN SECTION NON-ACTION ITEM - President Elect Earl Haugen led a discussion on the following items with no action taken:

1. Proposal by Almont League on Rule 3219 and 3200.1 Playoff Groupings

2. South Coast League Proposal on the Allen Bill, Rule 211

6. OLDBUSINESS -

A. August Executive Committee Meeting Recommendation - Commissioner Jim Staunton led a discussion on details for the August Executive Committee Meeting. It was approved to meet Friday and Saturday, August 19 and 20. There will be a meeting on August 19 in the morning for new members and the entire committee will meet for the afternoon session to discuss goals for 2005-2006.

7. NEW BUSINESS -

A. Consideration of Membership Status for the 2005-2006 School Year - After discussion, it was moved, seconded and passed to approve full membership for the following schools: Citrus Hill School, Hector Godinez Fundamental High School, Segerstrom Fundamental High School, San Juan Hills High School, Summit High School After discussion, it was moved, seconded and passed to approve probationary membership for the following schools: Agape Christian Academy, Joel John Scholastic Academy, Sierra Canyon School (approved with another visit to be scheduled after opening of school)

B. Recommendation for Audit Committee Membership - Jim Staunton proposed after reading the new law for Audit Committee membership, that the following people make up this new committee: Susana Arce, Paul Breit, Dave Cash, Bill Clark and Earl Haugen; and the following people make up the Finance Committee: Paul Breit, Gene Campbell, Earl Haugen, Sue Kuwabara, Sue Rainey. This recommendation was approved.

C. Nominations for At Large Representatives on Council - Jim Staunton advised the committee that of the five At-Large Representatives, several have served two terms.

8. CLOSED SESSION -

The Executive Committee went into closed session to discuss the Commissioner's Evaluation.

9. REPORT SESSION -

A. President's Report – John Dahlem reported they discussed the Commissioner's evaluation

and the template that will be used for his evaluation this year.

B. Treasurer's Report – Jim Staunton read the treasurer's report in the absence of the treasurer and reported on the following items :

1. Legal Fees – Shows the expenses of the Section ; all are covered by membership dues.

2. Business Partners - \$400,000 received from our partners

3. Salaries Report

4. PERS Contract

C. Commissioner's Report - Commissioner Jim Staunton reported on the following topics:

1. Pursuing Victory with Honor Training – August 17 and October 5, 2005 and February 1, 2006

2. Hearing Officer Training

D. Executive Committee Reports –

1. Mount SAC Area Representative - Ken Gunn congratulated Jim Staunton on the Alumni Luncheon.

2. Citrus Belt Area Representative - Rhonda Fouch reported they will be voting on their relegating proposal on May 7.

3. Coast Area Representative – Kelly Johnson thanked the Executive Committee and the Southern Section for his school's 40 championships in fourteen years and stated he will not be returning as a member of the Executive Committee next year.

4. Foothill Area Representative – Jim Monaco reported they have completed their relegating.

5. Desert Area Representative – John Mendoza reported on an incident on his campus and the influence the internet has on us today.

6. Activities Director Representative – Terry Speir reported on problems with dues being paid by schools and discussed budget cuts for next year may have the same effect. She also reported her school is going to Lee Vining to present a concert.

7. Orange County Representative – Gene Campell reported his area has gone through relegating; the Orange County league representatives worked very well together.

8. State CIF Executive Committee Representative – Gary Smidderks offered a thank you to Kelly Johnson and his work on the Executive Committee.

9. Small Schools Area Representative – Tom Peters reported on the relegating in his area.

10. Athletic Director Representative – Stan Ford reported on the annual State Athletic Directors Conference held this past weekend. Also would like to see information from the Section on how seeding is done.

11. Superintendent Representative – Sue Rainey commended the growth of girls water polo and feels girls wrestling with be as good. She also reported on the status of Eagle's Peak Charter School.

12. Parochial Area Representative – Sr. Cheryl Milner reported on the completion of relegating in her area. She also relayed a conversation from the Federated Council meeting where they discussed the football proposal for a state championship.

13. President-Elect – Earl Haugen discussed the Foothill area relegating.

OAKS CHRISTIAN AND CORONA DEL MAR CLAIM TITLES IN FOURTEENTH ANNUAL COMMISSIONER'S CUP

The CIF Southern Section is pleased to announce the top ten girls and boys athletic programs in the Fourteenth Annual Commissioner's Cup (formerly known as the Cavalcade of Champions).

On the girl's side, Corona del Mar took top honors scoring 24 points on the strength of three championships. The Sea Queens claimed titles in the sports of water polo, volleyball and Cross Country. They also shared a title in track and field. Corona del Mar advanced to the finals in swimming and diving and track and field. It is the second-consecutive Commissioner's Cup title for the Sea Queens. The Wilson of Long Beach Bruins scored 18 points with titles in volleyball and swimming and diving to claim second place. Rounding out the top three was Santa Margarita with 16 points. The Eagles added to their total with a championship in volleyball and basketball.

On the boy's side, Oaks Christian claimed their first Commissioner Cup title with three sports championships. The Lions scored 21.5 points, winning CIF-SS titles in football, swimming and diving and volleyball. Oaks Christian also finished second in soccer. Oaks Christian also claimed a third place finish in baseball. Perennial Cup favorite, Loyola, holds second place with championships in cross country and volleyball and shared a title in soccer. The No.

3 spot goes to Murrieta Valley. The Nighthawks won two titles in 2005. Murrieta Valley took home trophies in swimming and diving and golf.

The CIF-SS developed this recognition program based upon comprehensive excellence in interscholastic competition. The purpose of this program is to enhance the spirit of competition, sportsmanship, and goodwill among the student athletes and member schools.

The winners are determined by a point system that provides: five points for a divisional championship; three points for a divisional runner-up finish; two points for advancing to the semifinal round or a third place finish in a team-place finish sport (i.e. cross country, golf, swimming and diving, track and field); and one point for a fourth place finish in a team-place finish sport. In cases where a tie occurs for 10th place, total team-sport playoff appearances will be used to determine the top ten schools.

"The CIF-SS would like to congratulate these outstanding programs for their championship performances," said Dr. Jim Staunton, Commissioner of Athletics. "They all have a lot to be proud of through their accomplishments and those of their entire athletic programs."

CIF-SS 2004-2005 COMMISSIONER'S CUP

(Sport Abbreviations: BB - Baseball; BD - Badminton; BK - Basketball; CC - Cross Country; FB - Football; G - Golf; S - Soccer; SB - Softball; SD - Swimming/Diving; T - Tennis; TF - Track/Field; VB - Volleyball; WP - Water Polo; W - Wrestling)

BOYS-SPORT HONOREES

<u>SCHOOL</u>	<u>POINT ACCUMULATION</u>	<u>T.P.</u>
1. Oaks Christian	5(FB);5(SD);5(VB);3(S); 2(BB);1.5(TF)	21.5
2. Loyola	5(CC);5(VB);4(S);3(TF)	17*
3. Murrieta Valley	5(SD);5(G);2(WP);2(CC);	17*
4. Orange Lutheran	5(FB);5(CC);5(VB)	15
5. Harvard/Westlake	5(BK);5(T);2(WP);2(TF)	14
6. Dominguez	5(BK);5(TF);3(FB)	13
7. Poly/Long Beach	5(FB);5(TF);2(T)	12*
8. Royal	5(CC);5(W);2(WP)	12*
9. Temecula Valley	5(W);3(BB);2(FB);2(S)	12*
10. Campbell Hall	5(BK);5(BB);2(T)	12*

*Order of finish determined by tiebreaker system

** = All tie-breakers exhausted.

GIRLS-SPORT HONOREES

<u>SCHOOL</u>	<u>POINT ACCUMULATION</u>	<u>T.P.</u>
1. Corona del Mar	5(VB);5(CC);5(WP);4(TF); 3(SD);2(T)	24
2. Wilson/Long Beach	5(TF);5(SD);3(G);2(VB); 2(T);1(BD)	18
3. Santa Margarita	5(VB);5(BK);2(WP);2(S);2(TF)	16
4. Mater Dei	5(CC);3(VB);3(S);2(SB)	13
5. Peninsula	5(G);3(T);2(WP);2(SB)	12
6. Valley Christian/SM	5(BK);3(VB);3(SB)	11
7T. Los Alamitos	5(VB);5(S)	10**
7T. Troy	5(T);5(BK)	10**
9. Brentwood	5(BK);3(T);2(VB)	10*
10T. Oaks Christian	4(S);3(SB);2(BK)	9
10T. Buena	5(S);2(VB);2(BK)	9

MINUTES OF THE EXECUTIVE COMMITTEE MEETING

May 25, 2005

The May meeting of the CIF Southern Section Executive Committee was called to order at 1:00 p.m. by President John Dahlem at the CIF Southern Section office, Los Alamitos, California. All members were present, with the exception of Ken Gunn, Edna Herring, Kelly Johnson, Sue Kuwabara, Tom Peters, Sue Rainey, and Gary Smidderks. Dan Stepenosky, Coast Area Representative 2006, was also in attendance.

1. ADOPT AGENDA – It was moved, seconded and passed to adopt the revised agenda.

2. MINUTES – It was moved, seconded and passed to approve the minutes of the CIF Southern Section Executive Committee meeting of April 20, 2005.

3. ACTION SESSION -

A. SOUTHERN SECTION ACTION ITEMS –

1. Reintroduction of South Coast League Proposal on Allen Bill -- After discussion, it was moved, seconded and agreed to give a vote of no support of this proposal.

2. Proposal by Almont League on Rule 3219 and 3200.1 Playoff Groupings -- After discussion it was moved, seconded and approved to support this proposal.

3. Proposal by Rio Hondo League on Rule 3214.1 Number of Victories required for Entry into Playoffs for Basketball -- After discussion it was moved, seconded and approved to support this proposal.

4. Proposal by Executive Committee regarding Television Revenue -- After discussion, it was moved, seconded and approved to support this proposal.

4. NON ACTION SESSION –

A. STATE FEDERATED COUNCIL NON-ACTION ITEMS - President-Elect Earl Haugen led a discussion on the following items with no action taken:

1. CIF Girls' Regional Invitational Wrestling Tournaments.

5. OLD BUSINESS --

A. August Meeting -- New Member Orientation/ Executive Committee -- The August meeting will be held on August 19 and 20, 2005. Orientation for new members will be August 19 at 10:00 a.m. and the Executive Committee Meeting will begin at 1:00 p.m. It was also noted the Guy Roubian, Principal of Upland High school was appointed for retiring Ken Gunn as Mt. SAC ARea Representative. The January 2006 meeting will take place in Palm Springs, January 27-29, 2006.

B. Champion for Characters Awardees -- The award ceremony will take place after the October 13 Council Meeting. Included this year are awards for Champion for Character schools and the Champion for Character School of the Year will be named at the ceremony.

C. Weight Management Proposal for Wrestling -- This proposal was discussed and explained by Rob Wigod. There will be a Master Assessor's training in Riverside on September 11, 2005.

D. Southern Section Plan of Action for Steroids -- Information will be coming to the schools from the State office. The California School Association will present their model policies and will send it to all schools. The State Commissioners will meet on June 13 and information will be forwarded after this meeting.

6. NEW BUSINESS --

A. Consideration of Membership Status for the 2005-06 School Year -- After discussion, it was moved, seconded and passed to approve probationary membership for the following schools:

1. Templeton High School with the stipulation that all sports be played in the Southern Section.

2. Vistamar School

After discussion, it was moved, seconded and passed to approve probationary membership for the following schools:

1. Calvary Christian School
2. Environmental Charter School
3. Lennox Math, Science and Technology Academy

4. New Covenant Academy

After discussion, it was moved, seconded and passed to deny membership to:

1. Morgan Creek Christian Academy (School will be asked to reapply when the number of students has grown.)

The following membership applications were tabled and will be presented at the August 19, 2005 Executive Committee Meeting:

1. Nia Educational Charter School
2. Pacifica Christian High School

B. Status of Releaguings Appeals -- There are no written appeals at this point. There is a concern with some small schools leagued with Avalon due to transportation. JSerra has requested to be leagued outside of their league for football only. There options are to play in the Serra League for all sports or to go freelance for all sports.

C. Review of 2004-05 Probationary Schools -- After discussion, it was recommended that Brighten School, Regency High School and Village Glen West High School remain probationary for the 2005-06 school year.

D. Sales Tax Liabilities -- The State CIF office has been told that we must pay back taxes totaling \$125,000 for all books. A payment schedule has been prepared.

E. Schools Transferring to Los Angeles City Section for the 2006-07 School Year -- Community Harvest Charter School, Discovery Charter Preparatory School and View Park Preparatory Accelerated High School will be transferring to the Los Angeles City Section for 2006-07. If these schools wish to remain in the Southern Section, they must appeal to the Los Angeles City Section.

7. EXECUTIVE COMMITTEE CLOSED SESSION

-- The Committee went into the closed session at 3:35 p.m. until 4:30 p.m.

8. REPORT SESSION --

A. President's Report -- John Dahlem referred to the newspaper reports regarding our rules during the recent playoffs. He stated we must support the office staff relating to rule interpretation and he commended the staff for their work during the playoffs. He congratulated Terry Speir. Long Beach Poly High School has been accoladed as the number one school in the United States.

B. Treasurer's Report -- Susana Arce read the treasurer's report and commended the staff for their hard work.

C. Commissioner's Report -- Jim Staunton thanked the assistant commissioners for their hard work during playoffs. The Girls Golf Committee approved a format for individual

regionals to begin in the fall of 2005 providing a proposal was sent to Council to adjust the season. There was no proposal submitted and therefore, the girls golf calendar was revised to reflect this. Eagles Peak Charter has restructured and now has 500-600 students. They will reapply for membership next year. JSerra may bring an appeal to the office tomorrow. He reported the 2005 summer hours of the office to be Monday through Thursday, 7:30 a.m. to 4:30 p.m. The office will be closed on Fridays. These hours will begin the week of June 20 and end the week of August 15.

D. Executive Committee Member Reports

1. Girls' Athletic Director Representative - Janet Berardi stated the Orange County Athletic Directors honored 28 students last Monday, May 23.

2. Northern ARea Representative -- Bill Dabbs has a student who is receiving the Champion for Character Award.

3. Orange County Area Representative -- Gene Campbell stated the Orange County Athletic Dinner is a highlight for everyone in the county. The male and female athletes of the year came from El Toro for the first time.

4. Desert Area Representative -- John Mendoza will be leaving his position as principal of Cathedral City High School and will be assuming the Director of State and Federal Projects position on July 1.

5. Activities Directors Representative -- Terry Spier discussed the jazz concert her school did with their partner school Lee Vining. They presented a check in the amount of \$500 for Lee Vining to purchase musical instruments. Also, ESPN is doing a documentary on Long Beach Poly.

6. Director of Sports Information -- Thom Simmons stated a meeting will be held this summer to inform the media of our rules of governance.

7. Coast Area Representative -- Dan Stepenosky thanked the committee for welcoming him.

8. Foothill Area Representative -- Jim Monaco commended the staff for their work.

9. Citrus Belt Area Representative -- Rhonda Fouch thanked Stan Ford for his help this year at the league representative meetings. The Citrus Belt had a very successful releaguings process. The Citrus Belt awards went to some outstanding students with eight scholarships given to students in her area.

10. Parochial Area Representative -- Sr. Cheryl Milner commended the staff for an outstanding year.

11. Past-President -- Paul Breit commended everyone in the office and on the Executive Committee for the success of CIF this year.

There being no further business to come before the Executive Committee, the meeting was adjourned at 4:55 p.m.

Submitted by:
PATCHIAPETTA
EXECUTIVE SECRETARY

Approved by:
DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

2005 CIF SOUTHERN SECTION BOYS TRACK & FIELD CHAMPIONS

<u>EVENT</u>	<u>DIVISION I</u>	<u>DIVISION II</u>	<u>DIVISION III</u>	<u>DIVISION IV</u>
100 Meters	Justin Woods Los Alamitos, 10.48	Garland West Cypress, 10.70	Rodney Glass Notre Dame/SO, 10.53	Randle Harris Crespi, 10.75
200 Meters	Justin Woods Los Alamitos, 21.01	Garland West Cypress, 21.70	Rodney Glass Notre Dame/SO, 21.29	Zach Chandy Sage Hill, 21.49
400 Meters	Bryshon Nellum Long Beach Poly, 47.28	Nevin Gutierrez J.W. North, 48.27	Donald Sanford Morningside, 47.80	Zach Chandy Sage Hill, 47.74*
800 Meters	Tony Guadagnini Marina, 1:53.52	Colin Campbell Ventura, 1:52.07	Josh Castaneda Bonita, 1:54.52	Eric Meissner Oaks Christian, 1:54.29
1600 Meters	Scott Smith Dana Hills, 4:12.25	Mark Matusak Loyola, 4:07.94*	Michael Coe Cabrillo/Lompoc, 4:11.11	Carlyle Eubank Santa Ynez, 4:21.05
3200 Meters	Mike Cybulski Royal, 9:09.28	Mark Matusak Loyola, 9:14.07	Brian Medigovich San Luis Obispo, 9:16.64	Joaquin Gomez Carpinteria, 9:18.46
110 Meter HH	Brandon Howard La Sierra, 14.14	Jordan Paul Loyola, 14.15	Robert Williams Ramona, 14.21	Justin Rovin Laguna Beach, 14.92
300 Meter IH	Darrayl King Oxnard, 37.93	Elijah Wesson Dominguez, 38.65	Garrett Green Notre Dame/SO, 38.25	Randy Rense St. Margaret's, 39.13
400 Meter Relay	Long Beach Poly 41.11	Cypress 41.86	Notre Dame/SO 41.58	Oaks Christian 42.78
1600 Meter Relay	Dana Hills 3:18.65	Dominguez 3:14.20	Notre Dame/SO 3:17.06	Serra 3:17.28
High Jump	Gonzalez Lance Murrieta Valley, 6-06	David Girten Damien, 6-08	Miles Hollingsworth San Marino, 6-04	Elvin Tabah Valley Chr/C, 6-06
Long Jump	Andre Crenshaw Antelope Valley, 23-03	Derrick Smith Colony, 22-11.50	Terry Prentice Diamond Ranch, 23-03.50	Marcell Keeling Serra, 22-06
Triple Jump	Josh Como Rancho Verde, 46-06.50	Richard Sherman Dominguez, 47-10.50	Scott Tsuda Notre Dame/SO, 48-03.75	Justin Moore Serra, 46-05.50
Shot Put	Averell Spicer Ran. Cucamonga, 59-09.75	Danny Rohr Arroyo Grande, 60-01.50	Justin Sikich Oak Park, 54-08.25	Carlton Gillespie St Bonaventure, 51-02.75
Discus Throw	Matt Swarbrick Saugus, 182-07	Danny Rohr Arroyo Grande, 188-05	Kevin Vega Apple Valley, 172-06	Carlton Gillespie St Bonaventure, 172-03
Pole Vault	Myles McDowell Murrieta Valley, 15-00	Gregory Woepse Mater Dei, 15-06	Andrew Prodoehl Santa Margarita, 15-00	Johnny Quinn St. Margaret's, 15-06

*New Divisional Record
FINAL TEAM STANDINGS

<u>PLACE</u>	<u>DIVISION I</u>	<u>DIVISION II</u>	<u>DIVISION III</u>	<u>DIVISION IV</u>
1	Long Beach Poly - 84	Dominguez - 65	Notre Dame/SO - 81	Serra - 57
2	La Sierra - 56	Loyola - 58	Diamond Ranch - 59	Oaks Chr, La Salle,
3	Dana Hills - 35.50	Cypress - 49	Harvard-Westlake - 32	St. Bonaventure, Crespi - 43

LOYOLA CLAIMS SECOND PLACE AT 2005 CIF STATE TRACK AND FIELD CHAMPIONSHIPS

Loyola took second place at the 2005 Boys CIF State Track and Field Championships, held on June 3 and 4 at Hughes Stadium on the campus of Sacramento City College. The Cubs finished a mere 8 points behind the championship team from Dorsey of the Los Angeles City Section to claim the crown, 38.50 to 30 points.

The Cubs boy's team was led by distance standout Mark Matusak, who claimed a title in the 1600 meter run and a runner-up place in the 3200 meter run. Loyola's Jordan Paul had two third-place finishes in the 110-meter hurdles and the 300 meter hurdles.

Other Southern Section individual winners included Robert Williams from Ramona in the 110 hurdles, Mike Cybulski of Royal in the 3200, Andre Crenshaw of Antelope Valley in the long jump and Danny Rohr from Arroyo Grande in the shot put.

On the girl's side, Wilson of Long Beach took runner-up honors behind West High School from the San Joaquin Section by a score of 48-43. Rancho Cucamonga finished third.

2005 CIF SOUTHERN SECTION GIRLS TRACK & FIELD CHAMPIONS

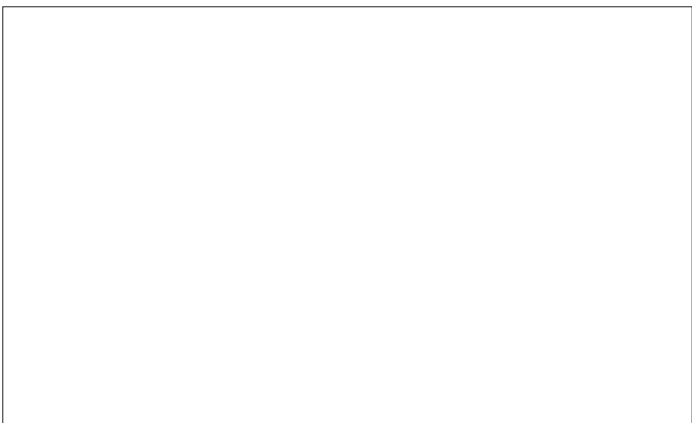
<u>EVENT</u>	<u>DIVISION I</u>	<u>DIVISION II</u>	<u>DIVISION III</u>	<u>DIVISION IV</u>
100 Meters	Ebony Collins Long Beach Wilson, 11.72	Janice Nsor Kennedy, 11.89	Leslie Mercado Diamond Ranch, 11.94	Elizabeth Olear Louisville, 11.65
200 Meters	Sade Williams Ran.Cucamonga, 23.38	Kristin Holmes Claremont, 24.16	Joy Eaton St. Lucy's, 24.54	Elizabeth Olear Louisville, 23.77
400 Meters	Sade Williams Ran.Cucamonga, 53.03	Tifney Reeve Capistrano Valley, 55.24	Joy Eaton St. Lucy's, 55.47	Kate Grace Marlborough, 56.58
800 Meters	Haley Lawrence Aliso Niguel, 2:13.57	Kauren Tarver Serrano, 2:14.22	Annie St. Geme Corona del Mar, 2:12.52	Kate Grace Marlborough, 2:15.40
1600 Meters	Shannon Murakami Saugus, 4:50.71	Kauren Tarver Serrano, 4:54.99	Annie St. Geme Corona del Mar, 4:53.23	Liza Truax Santa Ynez, 5:10.06
3200 Meters	Shannon Murakami Saugus, 10:46.95	Whitney Blue Newport Harbor, 10:48.56	Anna Farias-Eisner HarvardWestlake, 11:00.14	Rachel Gill Maranatha, 11:34.64
100 Meter HH	DeAna Carson Long Beach Wilson, 14.30	Ashleigh Gunderman Mater Dei, 14.74	Leslie Mercado Diamond Ranch, 14.08*	Kimyon Broom Serra, 14.43
300 Meter LH	Ebony Collins Long Beach Wilson, 42.37	Ashika Charan Claremont, 43.12	Kiani Profit Muir, 43.50	Tiffany Pransky Lutheran/Orange, 45.35
400 Meter Relay	Long Beach Wilson 46.41	Kennedy 46.87	Muir 48.10	St. Mary's Academy 46.98*
1600 Meter Relay	Long Beach Wilson 3:41.02	Kennedy 3:51.13	Muir 3:52.01	St. Mary's Academy 3:52.45*
High Jump	Monique Spencer Long Beach Poly, 5-04	Khristina Curtis Tustin, 5-08	Jasmin Day Costa Mesa, 5-09	Shannon Armstrong Oaks Christian, 5-04
Long Jump	Andrea Allmond Walnut, 18-10	Ashika Charan Claremont, 19-02	Stephanie Lo San Marino, 18-04.25	Shelese Ruffin Beaumont, 19-01.50
Triple Jump	Seqoiya Peggese Long Beach Poly, 39-06.25	Ashika Charan Claremont, 39-01.50	Brittany Lin Calabasas, 37-00	Laura Gordon Sage Hill, 37-02.25
Shot Put	April Phillips Long Beach Poly, 40-10	Florida Siaosi Sultana, 41-11	Sarah Robles San Jacinto, 42-00.75	Ashley Philipps St. Joseph/SM, 38-09.25
Discus Throw	Tara Ross Mission Viejo, 131-10	Jennifer Steed Arroyo Grande, 137-08	Sarah Barber St. Joseph/L, 141-02	Michele Dannhausen La Salle, 121-05
Pole Vault	Dana Jensen Chaparral, 12-00	Tori Pena Edison, 12-06	Jessie Lucier Santa Margarita, 11-00	Leann Sgobba Santa Ynez, 10-06

*New Divisional Record
FINAL TEAM STANDINGS

<u>PLACE</u>	<u>DIVISION I</u>	<u>DIVISION II</u>	<u>DIVISION III</u>	<u>DIVISION IV</u>
1	Long Beach Wilson - 105	Claremont - 60	Corona del Mar,	St. Mary's Academy - 61.50
2	Rancho Cucamonga,	J.W. North - 58	Muir - 86	Lutheran/Orange - 54
3	Long Beach Poly - 76	Kennedy - 50	Santa Margarita - 50.50	Marlborough - 45.50

The Bruins were led title claiming performances of the 4X100 and 4X400 meter relay teams as well as by Ebony Collins in the 100 meter dash and the 300 meter hurdles.

Other Southern Section highlights on the girl's side included outstanding championship efforts turned in by Annie St. Geme of Corona del Mar in the 1600; Leslie Mercado of Diamond Ranch in the 100 meter hurdles; Sade Williams of Rancho Cucamonga in the 400 meter dash; and Khrystal Carter of Valley Christian of Cerritos in the 200 meter dash.



2005 CIF SOUTHERN SECTION-TOYOTA BASEBALL PLAYOFF RESULTS

DIVISION I

Wild Card Round: Damien 5, Valley View 2.
First Round: Poly/Riverside 12, Damien 4; Villa Park def. Arcadia Forfeit; Bishop Amat 1, Marina 0; Hart 8, Agoura 7; El Dorado 13, Capistrano Valley 5; Santa Margarita 10, Long Beach Wilson; Esperanza 4, Chino 3; Norco 13, Hoover 0; Moorpark 5, Saugus 0; San Clemente 4, Los Alamitos 2; Mater Dei 4, M.L. King 2; Crescenta Valley 18, Long Beach Poly 1; Canyon/Anaheim 4, El Toro 0; Canyon Springs 9, Santiago/Corona 8; Millikan 2, Diamond Bar 1; Royal 3, Valencia/Valencia 2.
Second Round: Poly/Riverside 4, Villa Park 1; Hart 4, Bishop Amat 1; El Dorado 6, Santa Margarita 4; Esperanza 13, Norco 1; San Clemente 2, Moorpark 0; Mater Dei 4, Crescenta Valley 1; Canyon Springs 5, Canyon/Anaheim 4; Royal 3, Millikan 1.
Quarterfinals: Poly/Riverside 4, Hart 3 (8 innings); El Dorado 3, Esperanza 2; Mater Dei 2, San Clemente 0; Canyon Springs 5, Royal 4.
Semifinals: Poly/Riverside 3, El Dorado 2; Mater Dei 7, Canyon Springs 1.
Final: Mater Dei 9, Poly/Riverside 3.

DIVISION II

Wild Card Round: South Torrance 7, Schurr 0.
First Round: Cypress 12, San Bernardino 0; Atascadero 8, Montebello 1; Foothill 8, Upland 7; Adolfo Camarillo 4, Mira Costa 0; Santa Barbara 4, Chaminade 2; South Torrance 7, San Geronio 0; Los Osos 2, A.B. Miller 1; San Luis Obispo 4, Oxnard 1; Aliso Niguel 3, Redlands East Valley 0; Rio Mesa 8, Dos Pueblos 7; Claremont 7, Notre Dame/Sherman Oaks 1; West Torrance 2, Lutheran/Orange 1; Yucaipa 11, Cajon 8; Woodbridge 4, Alhambra 2; Righetti 7, Ventura 4; Kennedy 9, Loyola 3.
Second Round: Cypress 12, Atascadero 1; Adolfo Camarillo 4, Foothill 3; Santa Barbara 3, South Torrance 0; Los Osos 5, San Luis Obispo 1; Rio Mesa 6, Aliso Niguel 5 (9innings); Claremont 10, West Torrance 0; Yucaipa 5, Woodbridge 1; Righetti 4, Kennedy 3 (12 innings).
Quarterfinals: Cypress 8, Adolfo Camarillo 3; Los Osos 10, Santa Barbara 7; Claremont 7, Rio Mesa 5; Yucaipa 11, Righetti 5.
Semifinals: Cypress 7, Los Osos 1; Yucaipa 3, Claremont 1.
Final: Cypress 7, Yucaipa 1.

DIVISION III

Wild Card Round: California 6, Walnut 0.
First Round: La Quinta/Westminster 1, Downey 0; Quartz Hill 16, Norwalk 13; Corona del Mar 3, La Serna 0; Orange 5, Don Lugo 4; Gahr 3, Palmdale 1; Paloma Valley 5, Diamond Ranch 2; South Hills 3, Artesia 2; Temecula Valley 15, Northwood 1; Tesoro 8, Garden Grove 1; Murrieta Valley 9, Hemet 6; Lancaster 3, El Rancho 1; Westminster 5, Nogales 3; Colony 7, Chaparral 5; La Mirada 9, West Valley 4; Warren 5, Pacifica/Garden Grove 3; Ocean View 7, California 0.
Second Round: La Quinta/Westminster 7, Quartz Hill 4 (9innings); Corona del Mar 4, Orange 0; Gahr 7, Paloma Valley 6 (8innings); Temecula Valley 3, South Hills 2; Murrieta Valley 12, Tesoro 4; Lancaster 11, Westminster 4; Colony 8, La Mirada 3; Ocean View 6, Warren 2 (8innings).
Quarterfinals: La Quinta/Westminster 4, Corona del Mar 0; Temecula Valley 8, Gahr 5; Murrieta Valley 13, Lancaster 3; Ocean View 3, Colony 2.

Semifinals: Temecula Valley 1, La Quinta/Westminster 0; Ocean View 4, Murrieta Valley 2.
Final: Ocean View 3, Temecula Valley 2.

DIVISION IV

Wild Card Round: Granite Hills 6, Jurupa Valley 4.
First Round: Palm Desert 7, Granite Hills 1; Los Altos 4, Baldwin Park 1; Culver City 14, Azusa 0; La Habra 8, Western 2; El Segundo 7, Magnolia 4; Santa Monica 7, Lompoc 6; Victor Valley 11, Sierra Vista 5; Kaiser 6, Cathedral City 4; Morro Bay 4, Troy 0; Covina 4, Garey 0; Torrance 8, Hawthorne 2; Rubidoux 3, Barstow 2; Cabrillo/Lompoc 6, San Dimas 4; La Quinta/La Quinta 14, Gladstone 10; Savanna 2, Sonora 1; Charter Oak 7, Palos Verdes 3.
Second Round: Los Altos 4, Palm Desert 3;

2005 CIF SOUTHERN SECTION TOYOTA BASEBALL CHAMPIONS

DIVISION I
Mater Dei
 DIVISION II
Cypress
 DIVISION III
Ocean View
 DIVISION IV
El Segundo
 DIVISION V
Serrano
 DIVISION VI
Campbell Hall
 DIVISION VII
Bloomington Christian

Culver City 1, La Habra 0; El Segundo 8, Santa Monica 7; Victor Valley 8, Kaiser 4; Morro Bay 7, Covina 4; Torrance 13, Rubidoux 5; La Quinta/La Quinta 7, Cabrillo/Lompoc 1; Charter Oak 7, Savanna 1.
Quarterfinals: Los Altos 4, Culver City 1; El Segundo 7, Victor Valley 2; Morro Bay 6, Torrance 2; Charter Oak 5, La Quinta/La Quinta 1.
Semifinals: El Segundo 7, Los Altos 2; Charter Oak 4, Morro Bay 3.
Final: El Segundo 3, Charter Oak 0.

DIVISION V

Wild Card Round: St. Monica 7, Cantwell Sacred Heart 5.
First Round: St. Paul 3, Sultana 2; Ontario Christian 5, Linfield Christian 2; Temple City 5, Malibu 2; Oak Park 9, Mary Star of the Sea 1; Woodcrest Christian 3, Apple Valley 2; Monrovia 3, Arroyo 1; Fillmore 5, Bellermine-Jefferson 2; Oaks Christian 5, Los Angeles Baptist 4; Serrano 15, Western Christian 0; Valley Christian/Cerritos 3, Bishop Montgomery 2; Cathedral 3, Salesian 2; La Canada 2, Mountain View 0; Paraclete 10,

Rosemead 5; Calvary Chapel/Murrieta 3, Arrowhead Christian 2; Santa Paula 6, La Salle 3; St. Bonaventure 11, St. Monica 0.

Second Round: St. Paul 20, Ontario Christian 3; Temple City 9, Oak Park 3; Woodcrest Christian 3, Monrovia 2; Oaks Christian 9, Fillmore 2; Serrano 11, Valley Christian/Cerritos 1; Cathedral 6, La Canada 3; Calvary Chapel/Murrieta 5, Paraclete 4 (9innings); St. Bonaventure 13, Santa Paula 2.

Quarterfinals: St. Paul 6, Temple City 1; Oaks Christian 3, Woodcrest Christian 2; Serrano 3, Cathedral 1; St. Bonaventure 3, Calvary Chapel/Murrieta 2.

Semifinals: St. Paul 15, Oaks Christian 10; Serrano 3, St. Bonaventure 2.

Final: Serrano 5, St. Paul 3.

DIVISION VI

Wild Card Round: Big Bear 16, Apple Valley Christian 5; Grace Brethren 6, Flintridge Prep 4; Viewpoint 7, Marshall 3.
First Round: Big Bear 4, Boron 2; St. Margaret's 8, Calvary Chapel/Downey 6; Windward 3, Milken Community 2; Kern Valley 6, Rio Hondo Prep 2; Campbell Hall 12, San Jacinto 2; JSerra 9, Upland Christian 7; Joshua Springs 9, Brethren Christian 7; Santa Clarita Christian 5, Bishop Union 4; Mojave 19, Mammoth 13; Kilpatrick 8, Buckley 7; Beaumont 5, California Lutheran 1; Grace Brethren 7, Oxford Academy 4; Poly/Pasadena 9, Desert Christian/Lancaster 1; Whittier Christian 10, Hillcrest Christian/Granada Hills 0; Riverside Christian 15, Hesperia Christian 3; Vasquez 11, Viewpoint 1.
Second Round: Big Bear 4, St. Margaret's 1; Windward 10, Kern Valley 5; Campbell Hall 11, JSerra 5; Santa Clarita Christian 10, Joshua Springs 7; Mojave 8, Kilpatrick 1; Beaumont 6, Grace Brethren 2; Poly/Pasadena 4, Whittier Christian 3; Vasquez 8, Riverside Christian 4.
Quarterfinals: Big Bear 9, Windward 3; Campbell Hall 14, Santa Clarita Christian 0; Mojave 8, Beaumont 4; Vasquez 9, Poly/Pasadena 8.
Semifinals: Campbell Hall 4, Big Bear 1; Mojave 1, Vasquez 0.
Final: Campbell Hall 2, Mojave 1.

DIVISION VII

Wild Card Round: Cate 4, Maricopa 3; Boys Republic 17, Delphi Academy 3.
First Round: Bloomington Christian 16, Whitewater 0; Big Pine 9, Summit View 8; Dunn 11, Valley Christian/Santa Maria 2; Saddleback Valley Christian 28, Tarbut V'Torah 0; Sherman Indian 7, Twin Pines 5; Cornerstone Christian/Wildomar 7, Calvary Chapel/Moreno Valley 4; First Lutheran 13, Cate 11; Shalhevet 19, Calvary Baptist 3; Eastside Christian 12, Boys Republic 1; Rolling Hills Prep 12, Rio Contiguo 3; Wildwood 20, Ventura County Christian 3; Mesa Grande Academy 15, Owens Valley 4; New Roads 8, Pioneer Baptist 1; Thacher 7, North County Christian 6; La Sierra Academy 14, Pacific Lutheran 3; Highland Hall 7, Newbury Park Adventist 3.
Second Round: Bloomington Christian 22, Big Pine 0; Saddleback Valley Christian 14, Dunn 6; Cornerstone Christian/Wildomar 18, Sherman Indian 4; Shalhevet 6, First Lutheran 5; Eastside Christian 10, Rolling Hills Prep 5; Mesa Grande Academy 15, Wildwood 3; New Roads 5, Thacher 2; Highland Hall 8, La Sierra Academy 5.
Quarterfinals: Bloomington Christian 6,

See **BASEBALL** page 23.

2005 CIF SOUTHERN SECTION-TOYOTA SOFTBALL PLAYOFF RESULTS

DIVISION I

First Round: Laguna Hills 1, Pacifica/Garden Grove 0; Valley View 3, M.L. King 0; Los Alamitos 2, Newbury Park 1; Saugus 10, Pacifica/Oxnard 0; Rosary 2, Norco 1; Foothill 6, Marina 0; Burroughs/Burbank 6, Hueneme 3; Royal 1, Bishop Amat 0; Corona 9, Canyon Springs 1; Esperanza 2, Woodbridge 1 (11 innings); Poly/Riverside 2, Santiago/Corona 0; Mater Dei 6, Aliso Niguel 0; Adolfo Camarillo 4, Garden Grove 0; Hart 2, Thousand Oaks 1 (8 innings); Rancho Alamitos 4, Rio Mesa 1; Valencia/Valencia 3, Westlake 0.

Second Round: Laguna Hills 1, Valley View 0; Saugus 4, Los Alamitos 3 (8 innings); Rosary 9, Foothill 1; Royal 9, Burroughs/Burbank 3; Esperanza 3, Corona 0; Mater Dei 5, Poly/Riverside 2 (8 innings); Adolfo Camarillo 4, Hart 1; Valencia/Valencia 1, Rancho Alamitos 0.

Quarterfinals: Saugus 3, Laguna Hills 1 (12 innings); Royal 8, Rosary 7; Mater Dei 2, Esperanza 1; Valencia/Valencia 1, Adolfo Camarillo 0.

Semifinals: Royal 2, Saugus 1 (9 innings); Valencia/Valencia 3, Mater Dei 0.

Final: Royal 2, Valencia/Valencia 0.

DIVISION II

Wild Card Round: Alta Loma 2, Montclair 0.

First Round: El Dorado 2, Dana Hills 0; Murrieta Valley 5, Diamond Ranch 2; Colton 1, Ayala 0; El Toro 3, Mira Costa 0; Rancho Cucamonga 4, Chaparral 1; Canyon/Anaheim 10, Fontana 3; Atascadero 4, Cerritos 2; Kennedy 1, South Torrance 0 (12 innings); Temescal Canyon 5, Alta Loma 2; Chino Hills 2, Redlands East Valley 0; San Luis Obispo 1, La Mirada 0; Capistrano Valley 5, Loara 2; El Modena 2, Etiwanda 1; Lutheran/Orange 5, Don Lugo 1; Glendora 1, Righetti 0; Peninsula 18, Mayfair 0.

Second Round: El Dorado 1, Murrieta Valley 0; El Toro 1, Colton 0; Rancho Cucamonga 2, Canyon/Anaheim 0 (11 innings); Kennedy 2, Atascadero 0; Chino Hills 5, Temescal Canyon 3; Capistrano Valley 3, San Luis Obispo 2; El Modena 2, Lutheran/Orange 1 (8 innings); Peninsula 1, Glendora 0.

Quarterfinals: El Dorado 2, El Toro 1 (8 innings); Rancho Cucamonga 1, Kennedy 0; Chino Hills 4, Capistrano Valley 2; Peninsula 2, El Modena 0.

Semifinals: El Dorado 4, Rancho Cucamonga 3; Chino Hills 4, Peninsula 0.

Final: Chino Hills 2, El Dorado 1.

DIVISION III

Wild Card Round: Long Beach Wilson 1, Fullerton 0 (22 innings).

First Round: Cajon 9, Ramona 0; Arcadia 2, Sonora 1; Perris 2, Kaiser 1; Charter Oak 6, Long Beach Wilson 5; Hemet 8, Carter 0; California 12, Nordhoff 1; Santa Monica 11, Santa Paula 0; Millikan 8, Quartz Hill 2; Lakewood 5, Santa Fe 2; Bonita 13, Bloomington 2; Crescenta Valley 14, Culver City 3; La Serna 1, Littlerock 0 (10 innings); Wilson/Hacienda Heights 1, Sunny Hills 0; San Geronio 5, Paloma Valley 4; Lancaster 11, Glendale 7; Oaks Christian 6, Beverly Hills 0.

Second Round: Cajon 7, Arcadia 0; Perris 2, Charter Oak 0; Hemet 5, California 1; Millikan 11, Santa Monica 0; Lakewood 5, Bonita 1; La Serna 13, Crescenta Valley 1; San Geronio 3, Wilson/Hacienda Heights 1; Oaks Christian 16, Lancaster 1.

Quarterfinals: Cajon 3, Perris 1; Millikan 2, Hemet 1; La Serna 3, Lakewood 1; Oaks Christian 4, San Geronio 1.

Semifinals: Millikan 2, Cajon 0; Oaks Christian 2, La Serna 1 (8 innings).

Final: Millikan 5, Oaks Christian 3.

DIVISION IV

Wild Card Round: Gahr 15, South Hills 11; Corona del Mar 1, JSerra 0.

First Round: Dos Pueblos 3, Morro Bay 0; Nogales 11, Western 1; Lompoc 4, Bishop Montgomery 3; Warren 5, Coachella Valley 2; Gahr 5, Santa Ana 3; Indio 8, Barstow 3; Northwood 9, Victor Valley 0; Alemany 3, St. Monica 0; Paramount 6, Ventura 1; West Covina 6, Harvard-Westlake 3; St. Paul 6, Corona del Mar 3; Cabrillo/

Riverside 0; San Dimas 5, Duarte 1; Arrowhead Christian 2, San Jacinto 0; St. Bonaventure 1, Poly/Pasadena 0; Pomona Catholic 6, Monrovia 5 (20 innings); Maranatha 2, Montebello 0; North Torrance 1, Oak Park 0 (8 innings); Valley Christian/Cerritos 1, Alhambra 0.

Second Round: Village Christian 4, El Segundo 3 (10 innings); Flintridge Prep 2, San Marino 0; Western Christian 1, Beaumont 0; Hesperia 4, La Puente 0; Sultana 5, San Dimas 2; Arrowhead Christian 1, St. Bonaventure 0; Pomona Catholic 6, Maranatha 0; North Torrance 2, Valley Christian/Cerritos 1.

Quarterfinals: Flintridge Prep 5, Village Christian 0; Western Christian 3, Hesperia 1; Arrowhead Christian 3, Sultana 0; Pomona Catholic 6, North Torrance 3.

Semifinals: Flintridge Prep 1, Western Christian 0; Pomona Catholic 3, Arrowhead Christian 2 (8 innings).

Final: Pomona Catholic 3, Flintridge Prep 2 (8 innings).

DIVISION VI

Wild Card Round: Linfield Christian 15, Upland Christian 2; Sacred Heart of Jesus 5, Archer School for Girls 3.

First Round: Oxford Academy 3, Linfield Christian 1; Fairmont Prep 5, Southlands Christian 3; Brentwood 6, San Gabriel Mission 3; Rosemead 5, Desert Christian/Lancaster 0; Whittier Christian 5, Sage Hill 0; Notre Dame Academy 5, Mojave 0; Riverside Christian 7, Mammoth 1; Woodcrest Christian 5, Sacred Heart of Jesus 0; Arroyo 8, Ramona Convent 5; Marshall 17, California Lutheran 4; La Salle 9, Whitney 0; Calvary Chapel/Murrieta 2, Saddleback Valley Christian 1 (9 innings); Boron 2, South El Monte 1; Kern Valley 3, Montclair Prep 1; Crossroads 15, Liberty Christian 0; Alverno 5, Frazier Mountain 2.

Second Round: Oxford Academy 6, Fairmont Prep 0; Rosemead 4, Brentwood 0; Whittier Christian 8, Notre Dame Academy 0; Woodcrest Christian 2, Riverside Christian 0; Arroyo 19, Marshall 0; La Salle 2, Calvary Chapel/Murrieta 1 (8 innings); Boron 2, Kern Valley 1; Alverno 12, Crossroads 0.

Quarterfinals: Rosemead 2, Oxford Academy 0; Whittier Christian 9, Woodcrest Christian 8; La Salle 4, Arroyo 1; Alverno 2, Boron 0.

Semifinals: Whittier Christian 6, Rosemead 0; La Salle 4, Alverno 2.

Final: Whittier Christian 5, La Salle 4.

DIVISION VII

First Round: Cantwell Sacred Heart 11, Apple Valley Christian 1; North County Christian 30, Ribet Academy 0; New Roads 11, Avalon 0; Bloomington Christian 6, La Sierra Academy 3; Mesa Grande 18, CSDR 5; Hesperia Christian 13, Lake Arrowhead Christian 3; Santa Clarita Christian 6, First Lutheran 1; Viewpoint, Bye; Providence, Bye; Faith Baptist 15, Coastal Christian 5; St. Bernard 12, Cornerstone Christian/Wildomar 1; Valley Christian/Santa Maria, Bye; Baptist Christian 8, Calvary Chapel/Redlands 4; Victor Valley Christian 11, Noli Indian 1; Calvary Chapel/Moreno Valley 10, Rolling Hills Prep 5; Serra, Bye.

Second Round: Cantwell Sacred Heart 17, North County Christian 0; Bloomington Christian 9, New Roads 0; Mesa Grande 13, Hesperia Christian 7; Santa Clarita Christian 3, Viewpoint 2. See **SOFTBALL** page 23.

2005 CIF SOUTHERN SECTION TOYOTA SOFTBALL CHAMPIONS

DIVISION I

Royal

DIVISION II

Chino Hills

DIVISION III

Millikan

DIVISION IV

Dos Pueblos

DIVISION V

Pomona Catholic

DIVISION VI

Whittier Christian

DIVISION VII

Cantwell Sacred Heart

Lompoc 1, Buena 0; Chaminade 7, Westminster 0; Tesoro 13, Century 0; La Quinta/La Quinta 1, Silverado 0; Savanna 2, Ocean View 0.

Second Round: Dos Pueblos 3, Nogales 2; Lompoc 2, Warren 1; Indio 3, Gahr 2; Alemany 2, Northwood 1 (9 innings); Paramount 2, West Covina 0; Cabrillo/Lompoc 8, St. Paul 7; Chaminade 3, Tesoro 0; Savanna 2, La Quinta/La Quinta 1.

Quarterfinals: Dos Pueblos 2, Lompoc 1; Alemany 3, Indio 2; Paramount 4, Cabrillo/Lompoc 0; Chaminade 2, Savanna 0.

Semifinals: Dos Pueblos 1, Alemany 0; Paramount 1, Chaminade 0.

Final: Dos Pueblos 1, Paramount 0.

DIVISION V

Wild Card Round: Northview 11, Gladstone 1.

First Round: El Segundo 6, La Reina 2 (8 innings); Village Christian 3, Mayfield 2; San Marino 5, Schurr 2; Flintridge Prep 2, Torrance 0; Western Christian 6, Northview 0; Beaumont 7, Serrano 6; La Puente 2, South Pasadena 0; Hesperia 9, Covina 4; Sultana 13, Notre Dame/

CIFSS/DODGERS CELEBRATE 23RD ANNUAL KENNETH FAGANS-TOYOTA "SHAKE FOR SPORTSMANSHIP" AWARDS PROGRAM

LOS ALAMITOS — The CIF Southern Section and Los Angeles City Section, once again, team up with the Los Angeles Dodgers and Toyota to present the 23rd Annual Kenneth Fagans-Toyota "Shake for Sportsmanship" Awards.

The awards ceremonies took place prior to the Dodgers-Arizona Diamondbacks game on Monday, April 25.

Award recipients are determined by the members of their respective leagues. Although participating leagues may establish their own criteria, the CIF offers the following guidelines for the selection process: participation, enthusiasm, behavior at home and away games, treatment of opponents and treatment of the contest officials. Judging is based not only on the student-athletes' conduct, but

also on the conduct of the school band members, drill teams, pep squads, cheerleaders and student-rooting sections.

The awards program also includes the Los Angeles City Section, which announced 10 conference winners. In all, the program will encompass nearly 650 CIF-member high schools in southern and central California.

"We are very proud of this most important program," said Dr. Jim Staunton, CIF-SS Commissioner of Athletics. "Schools receiving this award are to be commended for the direction provided by their administrative and coaching staffs, and especially for the positive action of their student body memberships. Shake for Sportsmanship goes hand-in-hand with

our Victory with Honor and Character Counts programs and we are extremely proud to be a part of it."

Each of the honored schools was presented with an attractive commemorative plaque, supplied by Toyota, for permanent display on campus.

"Speaking on behalf of both the Southern and L.A. City Sections, we wish to thank the Dodgers and Toyota for their continued efforts in promoting the spirit of good sportsmanship in high school athletics," added Staunton.

The award is also named for former CIF-SS Commissioner, the late Kenny Fagans, who served as Commissioner from 1954 to 1975.

CIF-SS, DODGERS AND ADOHR FARMS' 2005 "SHAKE FOR SPORTSMANSHIP" AWARD WINNERS

<u>League</u>	<u>School</u>	<u>League</u>	<u>School</u>	<u>League</u>	<u>School</u>
Academy	Sage Hill	Heritage	Did Not Respond	San Antonio	Nogales
Agape	Bethel Chr/Lancaster	High Desert	Bishop Union	San Gabriel Vly.	Paramount
Almont	Schurr	Hi-Lo	Owens Valley	San Joaquin	Saddleback Vly Chr
Alpha	Whittier Christian	Horizon	Alverno	Santa Fe	Did Not Respond
Arrowhead	La Sierra Academy	International	Mesrobian	Sea View	Laguna Hills
Baseline	Did Not Respond	Ivy	Arlington	Serra	St. John Bosco
Bay	Redondo Union	Liberty	Holy Martyrs	Sierra	Chino
Big Sky	Woodcrest Christian	Los Padres	Nipomo	South Coast	Dana Hills
Camino Real	Mary Star of the Sea	Majestic	Lake Arrowhead Chr.	Southwestern	Did Not Respond
Century	Brea Olinda	Marmonte	Royal	Suburban	Did Not Respond
Channel	Did Not Respond	Metro	California Lutheran	Sunbelt	Hemet
Christian	Western Christian	Miramonte	Charter Oak	Sunkist	Ramona
Citrus Belt	Eisenhower	Mission	St. Francis	Sunset	Huntington Beach
Coast Valley	Cuyama Valley	Mission Valley	Arroyo	Sunshine	Immaculate Heart
Condor	Midland	Mojave River	Serrano	Tri-Valley	Bishop Diego
De Anza	Big Bear	Montview	Azusa	Valle Vista	San Dimas
Del Rey	Bishop Amat	Moore	Lakewood	Valley	San Gabriel Aca.
Del Rio	Pioneer	Mountain View	Centennial/Corona	Victory	Calvary Chp/MV
Delphic	Whittier Christian	Mt. Baldy	Chaffey	Westside	West Vly Christian
Desert Mountain	Did Not Respond	Mulholland	Did Not Respond	Los Angeles City Section Winners	
Desert Sky	Burroughs/R.	Ocean	Beverly Hills	Conference	School
Desert Valley	Coachella Valley	Olympic	Village Christian	Coliseum	Locke
Empire	Loara	Omega	Newbury Park Adv.	Crosstown	L.A.C.E.S.
Express	Liberty Christian	Orange	Magnolia	Eastern	South Gate
Foothill	Valencia/Valencia	PAC 5	Atascadero	Freeway	U.S.C. MaST
Freedom	Regency	Pacific	Crecenta Valley	Marine	Washington
Freeway	Buena Park	Pacific Coast	Did Not Respond	Northern	Eagle Rock
Frontier	Did Not Respond	Pacific View	Adolfo Camarillo	Sunset Six	North Hollywood
Garden Grove	Garden Grove	Pioneer	Palos Verdes	Valley Mission	Reseda
Golden	Knight	Prep	Flintridge Prep	Western	Palisades
Golden West	Orange	Rio Hondo	La Canada		
Harbor	Did Not Respond	San Andreas	Pacific		

2005 CIF SOUTHERN SECTION-TOYOTA BOYS TEAM TENNIS PLAYOFF RESULTS

DIVISION I

First Round: Harvard-Westlake, Bye; Dos Pueblos 13, Santa Margarita 5; Esperanza 10, Calabasas 8; Redondo Union 12, Newport Harbor 6; Los Alamitos 15, Servite 3; University 13, Mira Costa 5; El Toro 12, Notre Dame/Sherman Oaks 6; Woodbridge 17, North Torrance 1; Corona del Mar, Bye; Fountain Valley 12, San Clemente 6; Loyola 16, San Marcos 2; Peninsula 15, Westlake 3; Dana Hills 13, West Torrance 5; Mater Dei 10, Tesoro 8; Thousand Oaks 11, Foothill 7; Santa Barbara, Bye.

Second Round: Harvard-Westlake 17, Dos Pueblos 1; Redondo Union 11, Esperanza 7; Los Alamitos 10, University 8; Woodbridge 16, El Toro 2; Corona del Mar 14, Fountain Valley 4; Loyola 11, Peninsula 7; Dana Hills 10, Mater Dei 8; Santa Barbara 10, Thousand Oaks 8.

Quarterfinals: Harvard-Westlake 11, Redondo Union 7; Woodbridge 12, Los Alamitos 6; Corona del Mar 13, Loyola 5; Santa Barbara 10, Dana Hills 8.

Semifinals: Harvard-Westlake 12, Woodbridge 6; Santa Barbara 10, Corona del Mar 8.

Final: Harvard-Westlake 15, Santa Barbara 3.

DIVISION II

Wild Card Round: Arroyo Grande 9, Valencia/Valencia 9 (84-72).

First Round: Sunny Hills 15, Arroyo Grande 3; Canyon/Anaheim 10, Wilson/Hacienda Heights 8; Rio Mesa 10, Damien 8; La Quinta/La Quinta 10, Arcadia 8; Palm Desert 14, Temple City 4; Los Osos 16, Los Altos 2; Canyon/Canyon Country 13, Righetti 5; Diamond Bar 13, Crescenta Valley 5; Palm Springs 17, Upland 1; Adolfo Camarillo 15, Glendale 3; Hart 14, Sonora 4; San Marino 15, El Modena 3; El Dorado 15, La Canada 3; Ayala 17, Claremont 1; San Luis Obispo 12, Ocnard 6; Troy 17, Bonita 1.

Second Round: Sunny Hills 14, Canyon/Anaheim 4; La Quinta/La Quinta 10, Rio Mesa 8; Palm Desert 16, Los Osos 2; Diamond Bar 16, Canyon/Canyon Country 2; Adolfo Camarillo 10, Palm Springs 8; San Marino 11, Hart 7; El Dorado 11, Ayala 7; Troy 15, San Luis Obispo 3.

Quarterfinals: Sunny Hills 13, La Quinta/La Quinta 5; Palm Desert 11, Diamond Bar 7; San Marino 12, Adolfo Camarillo 6; Troy 13, El Dorado 5.

Semifinals: Sunny Hills 14, Palm Desert 4; Troy 13, San Marino 5.

Final: Troy 10, Sunny Hills 8.

DIVISION III

First Round: Chadwick 18, San Bernardino 0; Wilson/Long Beach 9, Oak Park 9 (81-71); Arlington 14, Apple Valley 4; Garden Grove 14, Lancaster 4; Chaparral 17, Serrano 1; Redlands 12, Arroyo Valley 6; Cypress 11, La Quinta/Westminster 7; Poly/Long Beach 17, Antelope Valley 1; Webb 16, Hesperia 2; Temecula Valley 10, San Geronio 8; M.L. King 14, Yucaipa 4; Bolsa Grande 9, Kennedy 9 (84-73); Lakewood 10, Lutheran/Orange 8; Murrieta Valley 11, Redlands East Valley 7; Quartz Hill 11, Poly/Riverside 7; Poly/Pasadena 15, Bishop Diego 3.

Second Round: Chadwick 14, Wilson/Long Beach 4; Garden Grove 14, Arlington 4; Chaparral 11, Redlands 7; Poly/Long Beach 15, Cypress 3; Webb 15, Temecula Valley 3; Bolsa Grande 12, M.L. King 6; Lakewood 10, Murrieta Valley 8; Poly/Pasadena 17, Quartz Hill 1.

Quarterfinals: Chadwick 11, Garden Grove 7; Poly/Long Beach 11, Chaparral 7; Webb 12, Bolsa Grande 6; Poly/Pasadena 11, Lakewood 7.

Semifinals: Chadwick 12, Poly/Long Beach 6; Poly/Pasadena 9, Webb 9 (85-77).

Final: Chadwick 10, Poly/Pasadena 8.

DIVISION IV

Wild Card Round: Centennial/Corona 11, Rowland 7; San Gabriel 14, California 4; Warren 16, Cabrillo/Lompoc 2; Colony 10, Granite Hills 8.

First Round: Brentwood 17, Centennial/Corona 1; Alhambra 15, Elsinore 3; Palos Verdes 18, Don Lugo 0; Santa Ynez 14, Santa Fe 4; Campbell Hall 11, Walnut 7; Santa Monica 15, Barstow 3; Santiago/Corona 16, La Mirada 2; Paramount 11, San Gabriel 7; Cerritos 17, Warren 1; Silverado 10, Hemet 8; Crossroads 17, Montclair 1; Malibu 14, La Serna 4; Schurr 11, Mayfair 7; Lompoc 10, Downey 8; Corona 11, South Hills 7; Beverly Hills 18, Colony 0.

Second Round: Brentwood 15, Alhambra 3; Palos Verdes 15, Santa Ynez 3; Campbell Hall 9, Santa Monica 9 (75-74); Paramount 12, Santiago/Corona 6; Cerritos 15, Silverado 3; Malibu 12, Crossroads 6; Schurr 15, Lompoc 3; Beverly Hills 16, Corona 2.

Quarterfinals: Brentwood 13, Palos Verdes 5; Campbell Hall 12, Paramount 6; Cerritos 10, Malibu 8; Beverly Hills 17, Schurr 1.

Semifinals: Brentwood 18, Campbell Hall 0; Beverly Hills 15, Cerritos 3.

Final: Brentwood 10, Beverly Hills 8.

DIVISION V

First Round: Cate 15, Oxford Academy 3; Rosemead 9, Costa Mesa 9 (87-74); Rubidoux 13, Yucca Valley 5; Western 15, Baldwin Park 3; Sage Hill 15, Estancia 3; Beaumont 11, Northview 7; Sierra Vista 13, El Monte 5; Viewpoint 17, Maranatha 1; Whitney 18, Gladstone 0; Arrowhead Christian 10, Norte Vista 8; Santa Ana Valley 10, Covina 8; Oakwood 13, Valey Christian/

Cerritos 5; Savanna 15, St. Margaret's 3; Orange 14, Arroyo 4; Dunn 14, La Puente 4; Milken Community 16, Kaiser 2.

Second Round: Cate 18, Rosemead 0; Western 11, Rubidoux 7; Sage Hill 15, Beaumont 3; Viewpoint 18, Sierra Vista 0; Whitney 16, Arrowhead Christian 2; Oakwood 13, Santa Ana Valley 5; Savanna 11, Orange 7; Milken Community 13, Dunn 5.

Quarterfinals: Cate 16, Western 2; Viewpoint 11, Sage Hill 7; Whitney 11, Oakwood 7; Milken Community 12, Savanna 6.

Semifinals: Viewpoint 11, Cate 7; Whitney 10, Milken Community 8.

Final: Viewpoint 13, Whitney 5.

2005 CIF SOUTHERN SECTION TOYOTA BOYS TENNIS TEAM CHAMPIONS

DIVISION I
Harvard-Westlake

DIVISION II
Troy

DIVISION III
Chadwick

DIVISION IV
Brentwood

DIVISION V
Viewpoint

BOYS INDIVIDUAL TENNIS RESULTS

SINGLES

First Round: Michael McClune (Woodbridge) def. Andre Dome (Arroyo Grande) 6-0, 6-0; Steve Johnson (Orange) def. Leif Sunderland (Malibu) 6-4, 7-6 (4); Cale Planck (Palm Desert) def. Nick Meister (Tesoro) 6-1, 6-2; Jason Jung (West Torrance) def. Michael Eraso (Sunny Hills) 7-5, 3-6, 6-4; Wesley Miller (Corona del Mar) def. Tyler Bowman (Peninsula) 6-3, 6-3; Chris Kearney (Mater Dei) def. Drew Jacobs (Moorpark) 6-4, 6-3; Lawrence Wang (Troy) def. Drew Sabater (Webb) 6-3, 7-6 (1); Blake Muller (Santa Barbara) def. Mark Martinez (Etiwanda) 6-3, 6-2.

Quarterfinals: Micheal McClune def. Steve Johnson 6-1, 6-2; Cale Planck def. Jason Jung 7-5, 6-4; Wesley Miller def. Chris Kearney 7-6 (1), 7-5; Blake Muller def. Lawrence Wang 6-3, 6-2.

Semifinals: Michael McClune def. Cale Planck 6-0, 6-1; Wesley Miller def. Blake Muller, Default.

Final: Michael McClune def. Wesley Miller 6-4, 6-3.

DOUBLES

First Round: Scott Hohenstein/Ryan Sandburg (Canyon/Anaheim) def. Griffin Richards/Will Geiger (Cate) 6-0, 6-1; Kian Fattahi/Nick Grishkoff def. Nuntat Vachirajongkol/Nathan Vachirajongkol (Paramount) 6-1, 6-7 (4), 6-4; Grant Robertson/Chris Ho (Santa Barbara) def. Cory Harris/Marc Vartabedian (Los Alamitos) 6-3, 6-0; Josh Lederman/Sam Wagner (Harvard-Westlake) def. Michael Riordan/Max Ellins (Brentwood) 6-2, 6-2; Matt Chou/Spencer Reitz (Corona del Mar) def. Edward Leu/William Lam (Temple City) 6-4, 6-0; Brett Thacher/Ryan Thacher (Harvard-Westlake) def. Lewis Hong/K-Ming Lee (Sunny Hills) 6-2, 6-1; Ragha Homneyom/Dew Patel (El Dorado) def. Cameron Spearman/Mark Bloom (Dana Hills) 7-5, 6-4; Nick Berger/Andy Gerst (Redondo Union) def. Leland Buttle/Mike Ramsey (Los Alamitos) 6-2, 6-1.

Quarterfinals: Hohenstein/Sandburg def. Fattahi/Grishkoff 6-1, 6-3; Lederman/Wagner def. Robertson/Ho 6-2, 6-1; Thacher/Thacher def. Chou/Reitz 4-6, 6-4, 6-2; Berger/Gerst def. Homneyom/Patel 6-4, 6-1.

Semifinals: Hohenstein/Sandburg def. Lederman/Wagner 7-5, 6-4; Berger/Gerst def. Thacher/Thacher 6-4, 7-6 (1).

Final: Hohenstein/Sandburg def. Berger/Gerst 7-5, 3-6, 6-4.

CIF SOUTHERN SECTION-TOYOTA 2005 SWIMMING AND DIVING CHAMPIONSHIP RESULTS

DIVISION I

200 Medley Relay - GIRLS: Long Beach Wilson (1:43.84); BOYS: Mission Viejo (1:36.22).

200 Freestyle - GIRLS: Brooke Cashion, Irvine (1:50.48); BOYS: Michael Carter, Damien (1:39.08).

200 Individual Medley - GIRLS: Jessica Hardy, Long Beach Wilson (2:01.68); BOYS: Colin Gladys, Esperanza (1:52.38).

50 Freestyle - GIRLS: Jessie Perazzo, Yucaipa (23.18); BOYS: Kevin Kuga, Dos Pueblos (20.78).

Diving - GIRLS: Marisa Samaniego, Flintridge Sacred Heart (518.50); BOYS: Dwight Dumais, Buena (667.10).

100 Butterfly - GIRLS: Rachel Rys, Dos Pueblos (55.43); BOYS: Patrick Simpkins, Crespi (50.08).

100 Freestyle - GIRLS: Jessie Perazzo, Yucaipa (50.42); BOYS: Michael Carter, Damien (45.35).

500 Freestyle - GIRLS: Sara Sun, Crescenta Valley (4:50.85); BOYS: Scott Spansail, San Clemente (4:22.56).

200 Freestyle Relay - GIRLS: Harvard-Westlake (1:38.23); BOYS: Damien (1:24.88).

100 Backstroke - GIRLS: Lara Pease, Long Beach Wilson (56.34); BOYS: Scott Spansail, San Clemente (50.71).

100 Breaststroke - GIRLS: Jessica Hardy, Long Beach Wilson (59.20**); BOYS: John Criste, Saugus (56.06).

400 Freestyle Relay - GIRLS: Irvine (3:31.50); BOYS: Mission Viejo (3:07.80).

Final Team Results - GIRLS: Long Beach Wilson (217); BOYS: Mission Viejo (285).

*Division I Record

**National Record

DIVISION II

200 Medley Relay - GIRLS: Corona del Mar (1:48.59*); BOYS: Arroyo Grande 1:38.07).

200 Freestyle - GIRLS: Rachel Grant, Walnut (1:48.38); BOYS: Andrew Nguyen, La Canada (1:42.26).

200 Individual Medley - GIRLS: Stephanie Gabert, Corona del Mar (2:04.35); BOYS: Cedric Cheung-Lau, Upland (1:54.29).

50 Freestyle - GIRLS: Alexis Mann, Alta Loma (23.85); BOYS: Robert Hoew, Thousand Oaks (21.28).

Diving - GIRLS: Kathleen Brady, Upland (420.15); BOYS: Edgar Simonyan, La Canada (461.35).

100 Butterfly - GIRLS: Katelyn Schumacher, University (57.24); BOYS: David Chen, Claremont (51.84).

100 Freestyle - GIRLS: Jane Kim, Sunny Hills (51.13); BOYS: Tyler McClure, Royal (47.33).

500 Freestyle - GIRLS: Rachel Grant, Walnut (4:53.77); BOYS: Scott Clary, Poly/Riverside (4:34.55).

200 Freestyle Relay - GIRLS: University (1:38.84*); BOYS: San Luis Obispo 1:28.12).

100 Backstroke - GIRLS: Dina Hegazy, Sunny Hills (57.75); BOYS: Scott Clary, Poly/Riverside (51.82).

100 Breaststroke - GIRLS: Stephanie Gabert, Corona del Mar (1:02.71*); BOYS: Chris Rosales, Valencia/Placentia (58.35).

400 Freestyle Relay - GIRLS: Corona del Mar (3:32.91); BOYS: Thousand Oaks (3:12.60).

Final Team Results - GIRLS: University (252); BOYS: San Luis Obispo (208).

*Division II Record

2005 CIF SOUTHERN SECTION TOYOTA SWIMMING/DIVING TEAM CHAMPIONS

GIRLS DIVISION I

Long Beach Wilson

GIRLS DIVISION II

University

GIRLS DIVISION III

Murrieta Valley

GIRLS DIVISION IV

La Reina

BOYS DIVISION I

Mission Viejo

BOYS DIVISION II

San Luis Obispo

BOYS DIVISION III

Murrieta Valley

BOYS DIVISION IV

Oaks Christian

DIVISION III

200 Medley Relay - GIRLS: El Segundo (1:53.07); BOYS: Palos Verdes (1:39.74).

200 Freestyle - GIRLS: Mattea Perrotta, El Segundo (1:50.68); BOYS: Sean Boyle, Murrieta Valley (1:39.60).

200 Individual Medley - GIRLS: Courtney Kilkuts, Santiago/Corona (2:03.26); BOYS: Kyle Smith, Corona (1:55.68).

50 Freestyle - GIRLS: Jenel Lopez, La Serna (24.42); BOYS: Derek Hingeveld, La Serna (21.12).

Diving - GIRLS: Carmen Steller, Mayfield (390.55); BOYS: Eric Nugent, La Serna (423.95).

100 Butterfly - GIRLS: Tanya Krisman, Elsinore (56.18); BOYS: Sam Danh, Westminster (51.31).

100 Freestyle - GIRLS: Jenel Lopez, La Serna (53.18); BOYS: Sean Boyle, Murrieta Valley (46.02).

500 Freestyle - GIRLS: Samantha Vandenberg, La Serna (4:58.00); BOYS: Ryan Kikuchi, Great Oak (4:40.88).

200 Freestyle Relay - GIRLS: Murrieta Valley (1:42.03); BOYS: Murrieta Valley (1:27.14).

100 Backstroke - GIRLS: Alexandra Nalevanko, Adolfo Camarillo (57.72); BOYS: Nikos Kostianis, Downey (52.41).

100 Breaststroke - GIRLS: Courtney Kilkuts, Santiago/Corona (1:04.65); BOYS: Eric Starkweather, Murrieta Valley (58.64).

400 Freestyle Relay - GIRLS: El Segundo (3:39.60); BOYS: Costa Mesa (3:16.85).

Final Team Results - GIRLS: Murrieta Valley (211); BOYS: Murrieta Valley (258).

*Division III Record

DIVISION IV

200 Medley Relay - GIRLS: La Reina (1:54.26); BOYS: Oaks Christian (1:38.41*).

200 Freestyle - GIRLS: Danielle Arad, Tarbut V'Torah (1:53.85); BOYS: Matt Sulkevich, Northview (1:41.48*).

200 Individual Medley - GIRLS: Madison Fitzgerald, Calvary Chapel/Downey (2:10.80); BOYS: Kevin Nielsen, Oaks Christian (1:54.28*).

50 Freestyle - GIRLS: Emily Bibb, La Reina (23.70*); BOYS: William Wollam, Rubidoux (21.09).

Diving - GIRLS: Maithili Mody, Cerritos (307.35); BOYS: Kevin Moe, Los Altos (421.35).

100 Butterfly - GIRLS: Edna best, Mayfair (1:00.47); BOYS: Jonnie Pare, Oaks Christian (52.69).

100 Freestyle - GIRLS: Emily Bibb, La Reina (52.07); BOYS: Antonio Cisneros, Rancho Alamitos (46.86).

500 Freestyle - GIRLS: Danielle Arad, Tarbut V'Torah (5:02.98) BOYS: Matt Sulkevich, Northview (4:31.74*).

200 Freestyle Relay - GIRLS: Oaks Christian (1:44.18); BOYS: Oaks Christian (1:28.72*).

100 Backstroke - GIRLS: Jenny Lewis, Sultana (57.37); BOYS: Kevin Nielsen, Oaks Christian (52.60*).

100 Breaststroke - GIRLS: Madison Fitzgerald, Calvary Chapel/Downey (1:05.59); BOYS: Paul Zaich, St. Margaret's (57.88).

400 Freestyle Relay - GIRLS: La Reina (3:42.93); BOYS: Oaks Christian (3:14.10*).

Final Team Results - GIRLS: La Reina (251); BOYS: Oaks Christian (349).

*Division IV Record

2005 CIF SOUTHERN SECTION-TOYOTA BADMINTON PLAYOFF RESULTS

DIVISION I TEAM

First Round: Villa Park, Bye; Wilson/Hacienda Heights 17, Gladstone 2; Westminster 15, Loara 4; Long Beach Poly 14, Cerritos 5; Garden Grove 17, Mark Keppel 3; El Monte 11, West Covina 8; Cypress 16, Sunny Hills 3; La Quinta/Westminster, Bye; Arroyo 17, Marina 2; Azusa 15, Fullerton 4; Long Beach Wilson 15, Rosemead 4; Troy 12, Millikan 7; Kennedy 11, Redlands 8; Alhambra 18, Sierra Vista 1; Diamond Bar, Bye.

Second Round: Villa Park 16, Wilson/Hacienda Heights 3; Long Beach Poly 15, Westminster 4; Garden Grove 13, Colton 6; El Monte 10, Cypress 9; La Quinta/Westminster 15, Arroyo 4; Long Beach Wilson 14, Azusa 5; Troy 12, Kennedy 7; Diamond Bar 12, Alhambra 7.

Quarterfinals: Villa Park 12, Long Beach Poly 7; Garden Grove 14, El Monte 5; Long Beach Wilson 11, La Quinta/Westminster 8; Diamond Bar 11, Troy 8.

Semifinals: Villa Park 13, Garden Grove 6; Diamond Bar 11, Long Beach Wilson 8.

Final: Villa Park 16, Diamond Bar 3.

MIXED DOUBLES

Second Round: Taft/Liu (Villa Park) def. Emerick/Kong (Millikan) 15-4, 15-4; Fujinami/Fujinami (Troy) def. Chow/Kim (Cypress) 15-11, 17-14; Jonatan/Nagai (Ayala) def. Dinh/Nguyen (La Quinta/Westminster) 15-12, 11-15, 15-8; Carlo/Varner (Azusa) def. Sou/Tran (Rosemead) 15-13, 17-16; Lin/Phongasavithas (Villa Park) def. Lintern/Coria (Colton) 15-6, 15-10; Wond/Jinadasa (Long Beach Poly) def. Tran/Choi (Cypress) 15-7, 15-5; Yu/Hanamure (Wilson/Hacienda Heights) def. Ho/Xie (Mark Keppel) 15-13, 15-4; Hoang/Subandhi (La Quinta/Westminster) def. Hsu/Zhong (Mira Costa) 15-7, 15-4.

Quarterfinals: Taft/Liu def. Fujinami/Fujinami 15-5, 15-8; Jonatan/Nagai def. Carlo/Varner 15-13, 15-9; Wong/Jinadasa def. Lin/Phongasavithas 15-5, 17-14; Hoang/Subandhi def. Yu/Hanamure 15-11, 15-7.

Semifinals: Taft/Liu def. Jonatan/Nagai 15-4, 11-15, 15-9; Hoang/Subandhi def. Wong/Jinadasa 15-10, 15-3.

Final: Taft/Liu def. Hoang/Subandhi 15-11, 15-9.

GIRLS SINGLES:

Second Round: Jamie Subandhi (La Quinta/Westminster) def. Lisa Choi (Cypress) 11-0, 1-10; Anoma Phongasavithas (Villa Park) def. Aika Briones (Nogales) 13-10, 11-1; Susan Cui (Alhambra) def. Vanessa Acosta (Sierra Vista) 11-6, 11-4; Susana Zhong (Mira Costa) def. Wendy Vuong (Arroyo) 11-4, 11-0; Vimla Phongasavithas (Villa Park) def. Adina Cho (Garden Grove) 11-4, 1--0; Lauren Chow (Kennedy) def. Agnes Nagai (Ayala) 11-4, 11-5; Molika Seng (Long Beach Poly) def. Nien Tran (Arroyo) 11-1, 11-0; Hanae Fujinami (Troy) def. Yen Nguyen (Westminster) 11-2, 11-0.

Quarterfinals: Jamie Subandhi def. Anoma Phongasavithas 11-0, 11-0; Susana Zhong def. Susan Cui 11-6, 11-9; Vimla Phongasavithas def. Lauren Chow 11-3, 11-1; Hanae Fujinami def. Molika Seng 13-10, 6-11, 11-1.

Semifinals: Jamie Subandhi def. Susana Zhong 11-2, 11-3; Vimla Phongasavithas def. Hanae Fujinami 11-8, 9-11, 11-3.

Final: Jamie Subandhi def. Vimla Phongasavithas 11-0, 11-6.

BOYS SINGLES

Second Round: Brendan Taft (Villa Park) def. Brady Stevens (Poly/Riverside) 15-3, 15-4; Anthony Duong (Garden Grove) def. Tom Sam (Rosemead) 15-13, 15-7; David Neumann (Loyola) def. Chad Chanachock (Pasadena) 15-1, 15-1; David Lim (Fairmont) def. Alan Kuo (Diamond Bar) 15-3, 15-3; Shun Fujinami (Troy) def. Vandy Phal (Long Beach Wilson) 15-1, 15-1; Steven Jonatan (Ayala) def. Charlie Hsu (Mira Costa) 15-5, 15-7; Jack Shu (Canyon/Anaheim) def. Arturo Wibawa (Colton) 15-9, 15-6; Ronald Sou (Rosemead) def. Elliot Chow (Cypress) 15-5, 15-7.

Quarterfinals: Brendan Taft def. Anthony Duong 15-7, 15-0; David Lim def. David Neumann 15-9, 15-9; Steven Jonatan def. Shun Fujinami 15-9, 14-17, 15-0; Ronald Sou def. Jack Shu 15-7, 15-9.

Semifinals: Brendan Taft def. David Lim 15-3, 15-0; Ronald Sou def. Steven Jonatan 15-3, 15-9.

Final: Brendan Taft def. Ronald Sou 15-9, 15-5.

GIRLS DOUBLES

Second Round: Jinadasa/Theam (Long Beach Poly) def. Song/Nguyen (El Monte); Lin/Nhy (Alhambra) def. Tai/Nguyen (Loara) 15-10, 15-1; Nguyen/Nguyen (West Covina) def. Budiman/Schompoopong (Colton) 15-10, 15-1; Nguyen/Tran (La Quinta/Westminster) def. Varner/Gomez (Azusa) 17-15, 5-15, 15-11; Chorn/Tran (Long Beach Wilson) def. Carlstrom/Lobato (Colton) 15-4, 15-0; Hsu/Tay (Rowland) def. Wilson/Elling (Mira Costa) 15-14, 8-15, 15-6; Liu/Nguyen-Cuu (Villa Park) def. Nguyen/Lam (Garden Grove) 15-7, 15-6; Chan/Liu (Alhambra) def. Mandi/Matsuo (Troy) 15-5, 15-1.

Quarterfinals: Jinadasa/Theam def. Lin/Nhy 15-1, 15-1; Nguyen/Nguyen def. Nguen/Tran 15-6, 15-1; Hsu/Tay def. Chorn/Tran 17-14, 16-17, 15-12; Chan/Liu def. Liu/Nguyen 15-7, 15-1.

Semifinals: Jinadasa/Theam def. Nguyen/Nguyen 15-2, 15-3; Chan/Liu def. Hsu/Tay 15-0, 15-5.

Final: Jinadasa/Theam def. Chan/Liu 15-3, 13-15, 15-4.

BOYS DOUBLES

Second Round: Dinh/Hoang (La Quinta/Westminster) def. Phan/Ho (El Monte) 15-9, 15-13; Emerick/Tran (Millikan) def. Lee/Tran (Cypress) 15-7, 15-7; Chan/Lin (Villa Park) def. Tran/Le (Westminster) 15-8, 15-7; Thompson/Hu (Pasadena) def. Liu/Chiang (Diamond Bar) 17-16, 10-15, 15-8; Tran/Nguyen (Garden Grove) def. Rodriguez/Ochoa (Gladstone) 15-9, 15-7; Yang/Park (Sunny Hills) def. Yu/Tran (Wilson/Hacienda Heights) 13-15, 15-5, 15-8; Y/Ta (El Monte) def. Lam/Cheng (Long Beach Wilson) 17-15, 15-12; Lintern/Suh (Colton) def. Li/Nguyen (Alhambra).

Quarterfinals: Emerick/Tran def. Dinh/Hoang 15-7, 15-10; Thompson/Hu def. Chan/Lin 15-8, 4-15, 17-15; Yang/Park def. Tran/Nguyen 17-14, 11-15, 15-12; Y/Hung def. Lintern/Suh.

Semifinals: Emerick/Tran def. Thompson/Hu 13-15, 15-11, 17-14; Y/Ta def. Yang/Park 15-1, 15-6.

Final: Y/Ta def. Emerick/Tran 17-15, 3-15, 15-5.

**2005
CIF
SOUTHERN
SECTION
TOYOTA
BADMINTON
TEAM CHAMPION**

**DIVISION I
Villa Park**

2005 CIF SOUTHERN SECTION-TOYOTA BOYS VOLLEYBALL PLAYOFF RESULTS

DIVISION I

First Round: Mira Costa, Bye; Westlake def. Alemany 16-25, 25-18, 25-23, 28-26; Simi Valley def. Harvard-Westlake 25-19, 25-20, 25-17; Long Beach Wilson def. Bishop Montgomery 25-21, 25-15, 25-22; Edison, Bye; Santa Margarita def. Mission Viejo 25-18, 25-18, 25-20; Woodbridge def. Jordan 25-23, 25-15, 20-25, 25-14; San Clemente, Bye; Redondo Union, Bye; Foothill def. Lakewood 25-21, 20-25, 25-19, 25-21; Thousand Oaks def. St. Francis 27-25, 25-18, 25-14; Los Alamitos def. Trabuco Hills 25-14, 22-25, 25-14, 25-16; Newport Harbor def. Huntington Beach 25-19, 25-21, 25-22; Capistrano Valley def. Mater Dei 26-24, 25-20, 23-25, 23-25, 15-10; St. John Bosco def. Peninsula 22-25, 25-22, 25-28, 25-27, 15-11; Loyola, Bye.

Second Round: Mira Costa def. Westlake 25-21, 25-15, 25-17; Long Beach Wilson def. Simi Valley 25-15, 25-20, 22-25, 23-25, 15-12; Edison def. Santa Margarita 25-18, 25-21, 25-19; Woodbridge def. San Clemente 25-21, 25-22, 15-25, 19-25, 16-14; Redondo Union def. Foothill 25-22, 25-19, 19-25, 25-19; Los Alamitos def. Thousand Oaks 25-27, 25-15, 11-25, 28-26, 18-16; Newport Harbor def. Capistrano Valley 25-18, 25-22, 25-15; Loyola def. St. John Bosco 25-11, 25-23, 25-22.

Quarterfinals: Mira Costa def. Long Beach Wilson 25-17, 22-25, 25-19, 25-15; Edison def. Woodbridge 25-18, 25-20, 25-16; Los Alamitos

def. Redondo Union 25-23, 21-25, 21-25, 25-21, 15-11; Loyola def. Newport Harbor 25-15, 25-20, 26-24.

Semifinals: Mira Costa def. Edison 22-25, 25-23, 24-26, 25-14, 15-11; Loyola def. Los Alamitos 21-25, 25-19, 19-25, 25-14, 19-17.

Final: Loyola def. Mira Costa 15-25, 25-10, 25-21, 25-22.

DIVISION II

First Round: Santa Barbara, Bye; Canyon/Canyon Country def. Righetti 17-25, 30-28, 25-13, 25-14; Claremont def. Canyon/Anaheim 25-22, 25-20, 25-22; Tesoro def. West Valley 25-16, 25-23, 23-25, 26-24; Laguna Beach, Bye; Santa Ynez def. Lancaster 25-13, 25-17, 25-18; University def. Highland 25-23, 25-15, 18-25, 21-25, 15-10; Valencia/Valencia, Bye; Arcadia, Bye; Saugus def. Morro Bay 25-17, 25-12, 24-26, 25-20; San Luis Obispo def. St. Joseph/Santa Maria 25-15, 25-20, 27-25; San Marcos def. Crecenta Valley 25-16, 25-14, 25-20; Dos Pueblos def. Quartz Hill 25-2, 26-24, 25-15; Villa Park def. Eisenhower 25-17, 25-20, 29-27; El Modena def. Yucaipa 25-19, 25-21, 23-25, 33-31; Corona del Mar, Bye.

Second Round: Santa Barbara def. Canyon/Canyon Country 18-25, 25-22, 25-17, 25-13; Tesoro def. Claremont 26-24, 20-25, 25-20, 22-25, 15-12; Laguna Beach def. Santa Ynez 25-22, 25-16, 25-17; Valencia/Valencia def. University 25-21, 25-15, 25-12; Arcadia def. Saugus 25-15, 25-16, 25-23; San Marcos def. San Luis Obispo 25-16, 25-20, 25-16; Villa Park def. Dos Pueblos 22-25, 25-22, 25-22, 25-16; Corona del Mar def. El Modena 25-12, 25-19, 25-13.

Quarterfinals: Santa Barbara def. Tesoro 25-16, 25-13, 25-22; Valencia/Valencia def. Laguna Beach 26-24, 25-21, 25-18; San Marcos def. Arcadia 15-25, 25-19, 20-25, 25-23, 15-12; Corona del Mar def. Villa Park 25-11, 22-25, 26-24, 25-18.

Semifinals: Valencia/Valencia def. Santa Barbara 25-21, 25-22, 26-24; Corona del Mar def. San Marcos 23-25, 25-23, 25-18, 25-17.

Final: Corona del Mar def. Valencia/Valencia 25-23, 25-18, 26-24.

DIVISION III

First Round: Lutheran/Orange, Bye; Santa Ana Valley def. Warren 25-18, 25-23, 25-11; Cajon def. La Serna 26-24, 23-25, 25-14, 25-20; Garey def. Loara 25-23, 25-18, 25-14; Beverly Hills def. Rio Mesa 25-22, 25-15, 25-17; San Gabriel def. Western 25-21, 25-17, 25-18; Adolfo Camarillo def. California 25-22, 15-25, 23-25, 25-23, 19-17; Estancia def. San Geronio 25-10, 25-20, 25-12; Valencia/Placentia def. Alhambra 25-16, 25-21, 25-21; Magnolia def. Santa Fe 25-18, 18-24, 25-21, 25-23; Los Altos def. Mark Keppel 25-20, 25-22, 11-25, 19-25, 15-8; Santa Monica def. Costa Mesa 25-18, 25-21, 25-19; Hemet def. Diamond Ranch 25-15, 25-15, 25-14; El Rancho def. Inglewood 26-24, 25-16, 25-17; Downey def. Ocean View 17-25, 25-18, 19-25, 25-21, 25-12; Oxnard def. Culver City 25-22, 25-9, 25-17.

Second Round: Lutheran/Orange def. Santa Ana Valley 25-10, 25-13, 25-19; Garey def. Cajon 25-21, 25-20, 25-18; Beverly Hills def. San Gabriel 25-22, 26-24, 25-21; Estancia def. Adolfo Camarillo 25-20, 25-14, 25-22; Valencia/Placentia def. Magnolia 25-15, 25-17, 25-19; Santa Monica def. Los Altos 25-22, 25-20, 18-25, 25-7; Hemet def. El Rancho 19-25, 25-19, 21-25, 25-22, 15-6; Oxnard def. Downey 25-19, 25-22, 25-23.

Quarterfinals: Lutheran/Orange def. Garey 25-19, 25-18, 25-10; Estancia def. Beverly Hills 14-

25-22, 25-22, 25-21; Santa Monica def. Valencia/Placentia 25-18, 24-26, 25-17, 25-19; Oxnard def. Hemet 25-18, 25-21, 25-21.

Semifinals: Lutheran/Orange def. Estancia 25-21, 25-21, 25-19; Oxnard def. Santa Monica 25-14, 21-25, 25-19, 26-24.

Final: Lutheran/Orange def. Oxnard 23-25, 25-10, 25-12, 24-26, 15-10.

DIVISION IV

First Round: Oaks Christian, Bye; Crossroads def. St. Monica 25-18, 23-25, 25-15, 27-29, 15-11; North Torrance def. Whittier Christian 25-9, 25-16, 25-16; Brentwood def. Carpinteria 25-19, 25-21, 27-25; San Marino def. Vasquez 25-5, 25-8, 25-23; La Quinta/Westminster def. Centennial/Corona 25-12, 25-13, 25-21; Santiago/Corona def. Cathedral 25-10, 25-19, 25-13; Cerritos def. Bolsa Grande 17-25, 25-27, 25-17, 25-19, 15-5; Valley Christian/Cerritos def. Garden Grove 25-18, 25-17, 25-16; Norco def. Arrowhead Christian 25-17, 25-17, 25-18; Oak Park def. La Canada 27-25, 25-19, 26-24; Mayfair def. Pacifica/Garden Grove 25-9, 25-15, 25-23; Village Christian def. Palos Verdes 25-17, 25-19, 25-17; Malibu def. Paraclete 16-25, 22-25, 25-18, 25-17, 15-9; Bishop Amat def. Torrance 25-22, 25-20, 23-25, 25-16; South Pasadena def. La Mirada 25-22, 25-15, 25-15.

Second Round: Oaks Christian def. Crossroads 25-13, 25-5, 25-13; Brentwood def. North Torrance 25-12, 25-22, 25-27, 24-26, 18-16; La Quinta/Westminster def. San Marino 23-25, 25-16, 25-20, 21-25, 15-12; Santiago/Corona def. Cerritos 25-16, 25-21, 21-25, 25-18; Valley Christian/Cerritos def. Norco 25-23, 25-16, 25-11; Oak Park def. Mayfair 25-18, 25-20, 25-20; Village Christian def. Malibu 25-22, 25-19, 21-25, 18-25, 19-17; South Pasadena def. Bishop Amat 23-25, 25-13, 25-17, 25-15.

Quarterfinals: Oaks Christian def. Brentwood 25-19, 25-22, 28-26; Santiago/Corona def. La Quinta/Westminster 25-20, 16-25, 25-19, 25-22; Valley Christian/Cerritos def. Oak Park 25-19, 25-18, 25-23; South Pasadena def. Village Christian 27-25, 25-20, 28-26.

Semifinals: Oaks Christian def. Santiago/Corona 25-16, 25-18, 26-24; South Pasadena def. Valley Christian/Cerritos 21-25, 25-21, 28-26, 23-25, 15-12.

Final: Oaks Christian def. South Pasadena 25-20, 25-16, 25-20.

DIVISION V

First Round: Viewpoint, Bye; Laguna Blanca def. Desert Christian/Lancaster 25-17, 22-25, 25-19, 25-23; Pacific Hills def. San Gabriel Academy 25-22, 25-18, 25-22; Capistrano Valley Christian def. Mary Star of the Sea 25-20, 25-13, 25-22; St. Bernard, Bye; La Salle def. Milken Community 25-23, 25-16, 25-22; Oakwood def. West Valley Christian 25-12, 26-24, 25-22; Poly/Pasadena, Bye; AGBU def. Cate 17-25, 25-22, 25-18, 27-25; Whitney def. Grace Brethren 27-25, 25-17, 25-11; Providence, Bye; Salesian def. Southwestern academy 25-9, 25-16, 25-20; Oxford Academy def. Pilibos 25-22, 25-27, 25-17, 25-18; Serra def. Chadwick 25-21, 25-20, 29-27; Brethren Christian, Bye.

Second Round: Viewpoint def. Laguna Blanca 25-8, 25-8, 25-12; Capistrano Valley Christian def. Pacific Hills 25-13, 25-14, 25-14; St. Bernard def. La Salle 25-14, 25-14, 25-10; Flintridge Prep def. Oakwood 25-12, 25-13, 25-13; Poly/Pasadena def. AGBU 25-14, 25-8, 25-23; Providence

See VOLLEYBALL on page 23

2005 CIF SOUTHERN SECTION TOYOTA BOYS VOLLEYBALL CHAMPIONS

DIVISION I

Loyola

DIVISION II

Corona del Mar

DIVISION III

Lutheran/Orange

DIVISION IV

Oaks Christian

DIVISION V

Viewpoint

2005 CIF SOUTHERN SECTION-TOYOTA BOYS GOLF CHAMPIONSHIPS

TEAM FINALS

PL.	SCHOOL	SCORE
1.	Murrieta Valley	364
2.	Palm Desert	372
3.	San Marcos	382
4.	Peninsula	389
5.	Santa Margarita	391
6T.	St. Margaret's	392
6T.	Sunny Hills	393
8.	Westlake	393
9.	Harvard-Westlake	395
10.	Villa Park	396
11.	Hart	397
12.	Cypress	401
13T.	Gahr	405
13T.	Temecula Valley	405
15.	Upland	406
16.	Huntington Beach	421

INDIVIDUAL FINALS

PL.	PLAYER/SCHOOL	SCORE
1.	Rickie Fowler, Murrieta Valley	64
2.	Louis Amira, Valencia	67
3.	Gene Webster, Arroyo Valley	68
4.	Jiweon Seo, Desert Chr./BD	68
5T.	Ross Canavan, Palm Desert	69
5T.	Brett Kanda, Flintridge Prep	69
5T.	Jeff Koprivetz, Esperanza	69
5T.	Lucas Lee, Torrance	69
5T.	Rui Takamatsu, Desert Chr./BD	69
10T.	Bo De Huff, Santa Margarita	70
10T.	Jason Kang, South Torrance	70
10T.	Bryan Pierce, Arroyo Grande	70
10T.	Cameron Tringale, Mission Viejo	70

WRESTLING

(Continued from page 5)

weight class, or any greater weight class for which they qualify, for the remainder of the season.

(4) PENALTY: A wrestler who participates in a weight class below the eligible weight class(es) defined by the weight loss plan before the proper amount of time has passed to achieve the weight class will be considered an ineligible wrestler.

G. Appeal Process

NOTE: In order to utilize the results of an appeal the school must receive notification from the CIF Section office prior to allowing the appealing athlete to compete.

Parental permission is not a valid means to establish a lower minimum wrestling weight.

Any athlete may appeal his/her assessment results one time by reassessment. Step 1 may be bypassed and only Step 2 performed. The steps of the appeal process are as follows:

STEP 1: The athlete shall repeat the assessment as described in the regulation.

a. The reassessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF Section before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of the initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8-14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.

b. Data shall be recorded on the Bioelectrical Impedance Assessment Data Form.

c. Reassessment includes hydration and Bioelectrical Impedance assessment.

d. PENALTY: A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

STEP 2: If dissatisfaction with the results remains, the wrestler may choose Bod Pod assessment to determine body fat percentage. Results obtained at this step are automatically accepted; the athlete, family, school or coach may not appeal further.

a. The Bod Pod assessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8-14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.

b. The school shall file a "Bod Pod Assessment Proposal" before a hydrostatic weighin or Bod Pod assessment is approved.

c. Bod Pod facilities must be approved by the CIF; the proper form shall be filed with the CIF.

d. Bod Pod assessment must be conducted before the wrestler participates in interscholastic competition.

e. PENALTY: A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

H. Costs

(1) All costs incurred for initial assessment, appeal process, nutrition education program, and NWCA Optimal

Performance Calculator are the responsibility of the school or parent.

(2) Charges for Bioelectrical Impedance assessment conducted by a CIF Certified Assessor may not exceed \$10 per wrestler.

(3) CIF Certified Assessors are permitted to charge mileage at the CIF adopted rate or a minimum service fee of \$50 whenever travel is required to a location at which fewer than six (6) subjects are to be assessed on any given date.

I. Training the Assessor

(1) Persons eligible to be trained as CIF Certified Assessors shall be medical practitioners (e.g., physicians, registered nurses, licensed practical nurses, certified athletic trainers, physical therapists, physicians assistants, nutritionists, health educators, exercise physiologists) or other persons approved by the CIF.

Under no circumstances may an active wrestling coach be a certified assessor.

(2) Training and certification of CIF Certified Assessors will be conducted by CIF Master Assessors under the direction of the State CIF.

(3) The assessor will attend a training session and annual update certification.

(4) The assessor will participate in a random sample test to substantiate the quality and accuracy of his/her measurements.

(5) The assessor certification training will consist of a minimum of two (2) hours of classroom training and one

(1) hour of practical training.

(6) A certification training fee will be charged to each assessor candidate attending the training program.

(7) Recertification

a. Recertification will require a minimum of one-hour training.

b. Recertification training will be conducted annually in multiple locations throughout California.

c. CIF Master Assessors will conduct all recertification training programs.

d. Assessors who have demonstrated two (2) years of successful experience may recertify by completing a closed book examination up to 20 days prior to the first date of CIF assessment. A recertification fee will be charged.

e. Assessors are required to complete the in-service program when a lapse of one (1) year or more occurs or significant performance decline is noted.

(8) Data Collection

a. The CIF will provide the reporting forms.

b. The assessor will conduct all Bioelectrical Impedance measurements.

c. The assessor will provide the supplies to conduct the urine specific gravity test.

See **WRESTLING** page 23.

CIF-SS MEETING DATES 2005-2006

<u>DAY</u>	<u>DATE</u>	<u>TYPE</u>
Friday-Saturday	August 19-20	Executive Committee Meeting Workshop and New Member Orientation
Sunday-Wednesday	September 18-21	National Federation Section 7 & 8 Meeting
Wednesday	September 28	Executive Committee Meeting
Thursday	October 13	Southern Section Council Meeting <i>Deadline for Southern Section Proposals - September 26</i>
Friday-Saturday	October 28-29	State Federated Council Meeting
Wednesday	November 9	Executive Committee Meeting
Thursday-Sunday	January 5-8	National Federation Winter Meeting
Thursday	January 19	Southern Section Council Meeting <i>Deadline for Southern Section Proposals - January 4</i>
Friday-Saturday	January 27-28	Executive Committee Meeting
Friday-Saturday	February 3-4	State Federated Council Meeting
Thursday	March 9	Southern Section Council Meeting <i>Deadline for Southern Section Proposals - February 21</i>
Wednesday	April tbd	Executive Committee Meeting
Tuesday	April 25	Southern Section Council Meeting <i>Deadline for Southern Section Proposals - March 30</i>
Wednesday-Saturday	April 26-30	State Athletic Directors Conference
Friday-Saturday	May 5-6	State Federated Council Meeting
Wednesday	May 24	Executive Committee Meeting
Monday-Saturday	June 27-July 3	National Federation Summer Meeting

COUNCIL MINUTES

(Continued from page 2)

Adopt Policy Prohibiting Use of Steroids - vote to support

G. Proposed Condition for Membership – Prohibit the sale, distribution or promotion of dietary supplements - vote to send delegates uninstructed

H. Proposed State CIF Championships Ejection Policy - vote to send delegates uninstructed

I. Proposal to allow schools to experiment with the Libero position for 2005-06 school year - vote to support

J. Proposal to make weight management program be mandatory for the 2006-07 school year - vote to support

K. Revision of By-Law 217.C – Disciplinary Transfer - vote to support

5. MARMONTE AND IVY LEAGUE PROPOSAL – Matt LaBelle, Marmonte League Representative, and Bob Ritzau, Ivy League Representative, reviewed a proposal to guarantee all seven and eight team leagues four entries into playoffs for all sports. Following discussion, it was moved, seconded and passed to approve the proposal.

6. CIF-SS 2005-06 BUDGET PROPOSAL – Following discussion, it was moved, seconded and passed to adopt the budget as presented.

7. EXECUTIVE COMMITTEE ELECTIONS – John Dahlem, President, reviewed the voting process for categories. Following a vote by the Council those elected were:

A. Northern Area Representative - William Dabbs, Principal, Pacifica High School (Oxnard)

B. Foothill Area Representative - Jim Monico, Principal, Paramount High School

C. Coast Area Representative - Dan Stepenosky, Principal, Beverly Hills High School

D. Desert Area Representative - John Mendoza, Principal, Cathedral City High School

E. Boys Athletic Director - Stan Ford, Athletic Director, Temecula Valley High School

8. BLUE BOOK COMMITTEE PROPOSAL – John Dahlem, presented the following items from the Blue Book Committee, approved by consent calendar:

A. Add new language to Blue Book 214C 3b “Transfer Eligibility” - approved

B. Add additional language to Blue Book Rule 1222.1 “Deadline for Paying Officials” - approved

C. Add Rule 1204.1 to “Section Guidelines for Officials’ Associations” - approved

D. Replace Blue Book rule 1212.5A “Authorize Payment of Fees with New Calculations.” - approved

E. Update tournament fees for volleyball - approved

F. Revise Blue Book Rule 1507.2 “Alumni Baseball Contest” - approved

G. Revise Blue Book Rule 1903.1 “Start Date for Fall Football Practice.” - approved

H. Add clarification to Blue Book Rule 1917 “Starting Dates for (Football) Interscholastic Contests.” - approved

I. Edit Rule 1200.1 - approved

J. Revise Rule 165.2 and 166.1 Hall of Fame and Distinguished Service Awards - approved

K. Edit Blue Book Rule 1718 “Playoff” Cross Country - approved

L. Edit Blue Book Rule 2820 “CIF-SS Divisional

& State Qualifying Competition” - approved

9. CIF STATE FEDERATED COUNCIL NON-ACTION ITEMS – Jim Staunton, Commissioner presented the following non-action items which will be action items on the October State CIF Federated Council agenda:

A. Revision of By-Law 302: School Team Representation (Multi School)

B. Proposal to approve CIF Girls’ Regional Invitational Wrestling Tournaments starting January 2006 or 2007

10. SOUTH COAST LEAGUE PROPOSAL REGARDING ALLEN BILL – Tom Ressler, President, South Coast League, presented a proposal which would amend Rule 211 when a student is enrolled in a school based upon the provision of Education Code 48204 (6) (Allen Bill). This will be an action item on the October 13, 2005, CIF-SS Council meeting.

11. ALMONT LEAGUE PROPOSAL – Tim Murphy, Almont League Coordinator, presented a proposal which would change playoff groupings of girls’ volleyball and boys’/girls’ basketball from enrollment based to groupings by competitive equity. This will be an action item on the October 13, 2005, CIF-SS Council meeting.

12. RIO HONDO LEAGUE PROPOSAL – Ray Plutko, Rio Hondo League Representative, presented a proposal which would change the number of wins necessary to petition for an at-large berth in the basketball playoffs from eleven to twelve. This would be an action item on the

(See **COUNCIL** on next page)

EXECUTIVE MINUTES

(Continued from page 9)

14. President – John Dahlem reported that Ken Gunn received a distinguished school award. Temecula Valley is also a distinguished school and Sue Rainey also reported she has four distinguished schools in her district. He also thanked and said goodbye to Kelly Johnson.

There being no further business to come before the Executive Committee, the meeting was adjourned at 4:30 p.m.

Submitted by

PATCHIAPPETTA
EXECUTIVE SECRETARY

Approved by:

DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

WRESTLING

(Continued from page 21)

d. The assessor will be responsible for submitting the measurement results to the CIF within two (2) working days after the initial assessment is made. The assessor will also be responsible for posting all wrestler data to the NWCA website.

e. Failed urine tests will not be reported to the CIF.

BASEBALL

(Continued from page 14)

Saddleback Valley Christian 3; Cornerstone Christian/Wildomar 4, Shalhevet 3; Eastside Christian 6, Mesa Grande Academy 4; New Roads 13, Highland Hall 7.

Semifinals: Bloomington Christian 11, Cornerstone Christian/Wildomar 0; Eastside Christian 7, New Roads 5.

Final: Bloomington Christian 3, Eastside Christian 2.

SOFTBALL

(Continued from page 15)

2; Providence 8, Faith Baptist 0; Valley Christian/Santa Maria 5, St. Bernard 4; Baptist Christian 12, Victor Valley Christian 0; Serra 5, Calvary Chapel/Moreno Valley 4.

Quarterfinals: Cantwell Sacred Heart 17, Bloomington Christian 1; Santa Clarita Christian 4, Mesa Grande 3; Valley Christian/Santa Maria 4, Providence 3; Serra 7, Baptist Christian 4.

Semifinals: Cantwell Sacred Heart 7, Santa Clarita Christian 0; Valley Christian/Santa Maria 2, Serra 0.

Final: Cantwell Sacred Heart 1, Valley Christian/Santa Maria 0.

COUNCIL

(Continued from previous page)

October 13, 2005, CIF-SS Council meeting.

13. EXECUTIVE COMMITTEE PROPOSAL – John Costello, Director of Sports Marketing, presented a proposal which would create/expand negotiable TV value of CIF-SS games. This would be an action item on the October 13, 2005, CIF-SS Council meeting.

14. PRESIDENT'S REPORT – John Dahlem, President, reviewed coaching education, relegating, and the May State Federated Council meeting to be held in Irvine.

15. COMMISSIONER'S REPORT – Jim Staunton, Commissioner, reviewed requests for new school membership, relegating time line, pursuing Victory with Honor, Champions for Character and South Coast League Sportsmanship Conference.

16. TREASURER'S REPORT – Susana Arce, Treasurer, reported the status of the winter sports and Friends of Golf donation.

There being no further business to come before the Council, the meeting was adjourned at 11:40 a.m.

Submitted by:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved by:

DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

OFFICIALS

(Continued from page 8)

make officials feel welcome, and officials groups will need to introduce mentor and similar programs to lower that rate of attrition.

As the 2005/2006 school year begins, let the Recruit-Train-Retain theme be the duty of all CIF, Southern Section member schools and officials groups.

BOYS VOLLEYBALL

(Continued from previous page)

def. Whitney 25-18, 19-25, 25-16, 25-17; Oxford Academy def. Salesian 21-25, 25-21, 20-25, 25-19, 15-11; Brethren Christian def. Serra 25-19, 25-13, 25-21.

Quarterfinals: Viewpoint def. Capistrano Valley Christian 25-14, 25-13, 25-20; Flintridge Prep def. St. Bernard 25-27, 25-13, 25-22, 31-29; Poly/Pasadena def. Providence 25-19, 25-15, 12-25, 25-17; Oxford Academy def. Brethren Christian 11-25, 25-23, 23-25, 26-24, 15-13.

Semifinals: Viewpoint def. Flintridge Prep 25-18, 25-23, 25-21; Poly/Pasadena def. Oxford Academy 25-14, 25-23, 25-21.

Final: Viewpoint def. Poly/Pasadena 18-25, 19-25, 25-15, 25-14, 15-13.

COMMISSIONER

(Continued from page 3)

Team Badminton – While we introduce one new sport, we must sadly discontinue another. Team badminton has suffered a decline in participation. We have been below the minimum number of teams to sustain a championship event and in 2007 we will discontinue offering a championship for teams. Individual competition will continue if the present number of schools participating does not significantly drop.

Website – While we are proud of the services offered through our website, we believe that it can be more useful and functional. This year we will re-design its look and add specific menu items that will serve administrators, athletic directors, coaches, parents, athletes and sports buffs. The process will be slow, but we believe that by the end of the school year it will be re-vamped and will be an essential tool for communication.

Long-range Planning – Your leadership, office staff, Executive Committee members, council reps and athletic directors believe that it is time to look forward and predict areas of emphasis for the Section. We want to secure our financial future and meet the needs of a burgeoning population. Should we add new sports? What about athletes with disabilities? Should we reduce our reliance on sponsorships? Should we expand staff for better, more immediate assistance? What about our rules, are they too restrictive, or too lenient? How are we doing with public and private schools competing together? These and other questions will be discussed and assigned a priority for possible action. By the end of the year we hope to have some answers to these questions and more. It is an exciting time, no doubt.

The state of high school sports is difficult to characterize. Student participation is increasing statewide as is the number of sports available. Still, school districts struggle to finance these programs. We are dealing with the influence of club sports, Olympic preparation programs, home-schoolers and alternative educational programs; yet still high school athletic participation is booming. I think it's because we've got a good product and it serves young people well.

The Southern Section office will face these and other challenges this year and work hard to make sports participation the best thing in a student's life.

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